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KERRY**

Hollyoaks' Jennifer

**'How I
learned
to love
my big
bum'**

Reveal



ZAYN & PERRIE'S WAR OF WORDS

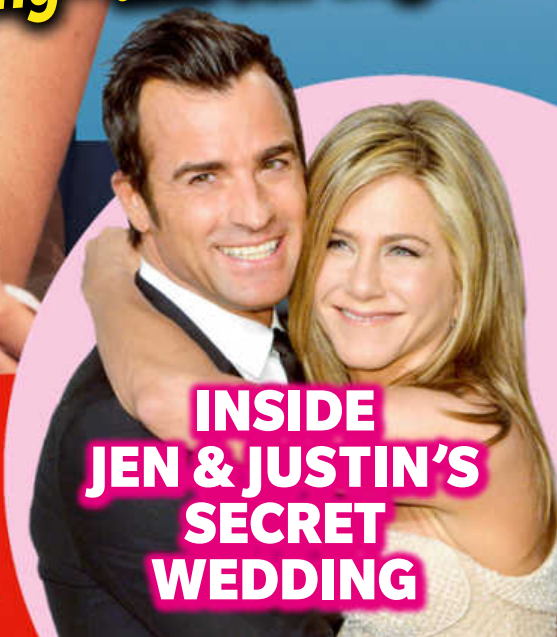
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**INSIDE
JEN & JUSTIN'S
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No wonder Jen's smiling!



She definitely had 'hot' Brad!

'LOVELORN' JEN'S HAD THE LAST LAUGH

When Jennifer Aniston got married to Justin Theroux last week, one newspaper's headline was 'Lovelorn Jen gets her man at last!' We all had a bit of a laugh at that one here in the office, because if anyone is lovelorn or in dire need to 'snare' a man, it certainly isn't Jen.

Since her divorce from Brad Pitt, it's fascinating how she appeared to become an object of pity to some. God knows how. We're betting most women looked on enviously as Jen brushed herself down from her divorce and matured into a gorgeously sleek, flirty thirtysomething and went on to have fun with a string of very eligible men, including model Paul Sculfor, Vince Vaughn and John Mayer. (She does like her fitties!)

Meantime, her move from TV to Hollywood amassed her a £100 million fortune – last year alone, she banked £20 million. Oh, and at 46, she continues to look amazing.

After a three-year engagement, Jen's had the last laugh – her new husband Justin's not just a Hollywood fittie, he's got a brain, too. In fact, when you look at Brad Pitt now, we think she's traded up!



Ex Brad, here with wife no. 2 Angelina, hasn't worn so well...

INSIDE YOUR REVEAL THIS WEEK...



35 Rihanna gets close to Lewis Hamilton



28 'I changed my diet and walked again'



4 Heartbroken Kate turns to old flame Johnny



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9 Is Michelle leaving Essex behind her?

Turning TO T

Supermodel Kate Moss and Kerry Katona get close to their exes as they deal with new heartache

KATE BACK IN TOUCH WITH JOHNNY



Johnny and Kate were one of the hottest couples in the 1990s

The only fairy-tale ending to come out of Kate Moss' sad split from husband Jamie Hince would be if she fell back into the arms of her first love, actor Johnny Depp. Instagram is awash with dreamy throwback pictures of the then-couple... Now what a fairy tale that would be, eh?

And while Johnny, 52, is married to actress Amber Heard – a relationship that itself hasn't been without reported problems – a reunion with Kate isn't as far from the truth as first suspected.

Johnny is acting as a confidant to Kate, 41, who is thought to have split from her husband of four years, Kills guitarist Jamie, 46. Meanwhile, there are reports of a split between Johnny and Amber.

The tempestuous relationship between Johnny and Kate ended in 1997 because of Kate's 'wild partying and neediness'.

'Johnny broke her heart. She went mad. She just wouldn't stop with the drugs and the drinking,' an insider told Maureen Callahan, the author of *Champagne Supernovas*.

Kate's no stranger to staying friends with an ex. In fact, right now she's on holiday with the father of her 12-year-old daughter Lila Grace, Jefferson Hack. He's thought to have advised her

through the split from Jamie, acting as an 'emotional lawyer', according to reports. But after seeing pictures of Jamie getting close to fellow model Jessica Stam, 29, now it's Johnny that Kate's turned to.

'When Johnny heard of the problems Kate was having he made sure he touched base with her,' continued the insider. 'They've been close for decades, but there's been inevitable speculation about whether things might have been different had they both found themselves single now they're both older and wiser.'

Kate once admitted she cried for 'years and years' after splitting up with Johnny. She told *Vanity Fair* magazine, 'There's nobody that's ever really been able to take care of me. Johnny did for a bit. I believed what he said. If I said, "What do I do?" – he'd tell me. That's what I missed when I left. I really lost that gauge of somebody I could trust.'

And it's left the pair of them wondering what might have been.

'Kate and Johnny were a case of right people at the wrong time,' says a source. 'Their chemistry was electric and they really bonded, but they got together when Kate was just 20 and still had a lot to learn.'

'Kate's always said their split was like a nightmare after four years together. No one's ever quite measured up to Johnny. He understood her in a way she hadn't been understood until then. They've always stayed in touch. Vanessa [Paradis, his now ex] was never that keen on it, but she understood the pair were together at such a vital time in their lives.'

It has been reported that Jamie and Kate have given up any hope of getting back together.

'Jamie's just waiting for Kate to make the next move when she's made up her mind. Both suspect there won't be a reconciliation at this point.'

Emma Hunt



Kate wed rocker Jamie in 2011 but now they look set to divorce



Johnny and wife Amber have been hit by rumours of problems

THEIR FIRST LOVES



BRIAN'S CRISIS CALLS TO KERRY

She vowed she'd kicked her troubled hubby George Kay out for good just a few weeks ago, but now Kerry Katona is giving him one last chance. And one of the few positives to come out of the whole saga is that it brought her and ex husband Brian McFadden closer together.

The pair – who have two children, Molly, 13, and Lilly Sue, 12 – split in 2004 and have bickered ever since. But, since splitting with their spouses on the same day – Brian, 35, from *Vogue* Williams, 29 – he and Kerry have become firm friends and he has been calling her almost daily to offer his support.

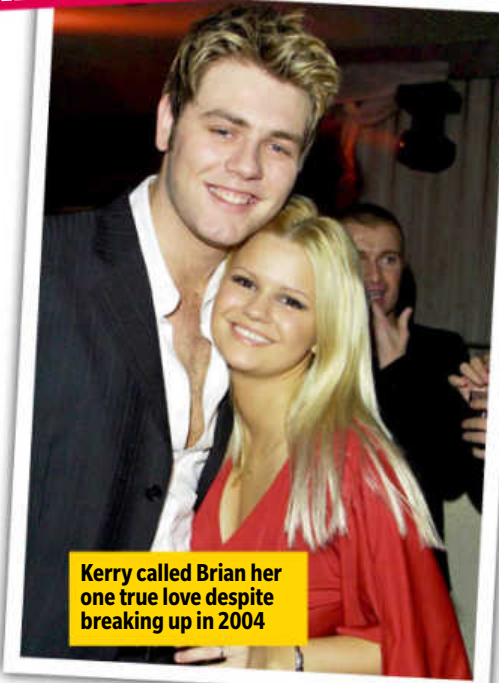
'When Kerry was on her own, she was on the phone to Brian pretty much every other day,' says our insider. 'He'd call to speak to Molly and Lilly and they'd chat. Before, she'd just hand the phone to the girls, but they were both concerned for each other, particularly with them splitting up with George and Vogue on the same day. Brian has been a real shoulder for her to cry on.'

Kerry, 34, told George to leave their Oxfordshire home five weeks ago, following months of rows. At the time, Kerry vowed she'd ended the marriage for good. But she let him back into her home on 31 July after he pleaded for one last chance.

A friend of the reality star said, 'We can't believe Kerry has taken him back. His behaviour has been terrifying at times. It's only going to end in tears.'

George, 34, has suffered a string of illnesses since getting together with Kerry three years ago, just months after he was released from jail for his part in a blackmail plot.

Last summer, police were called to their home when he had a meltdown after taking a cocktail of drink and steroids, smashing up her house. He was detained under the Mental Health Act but was later released. On their joint stag and hen do weeks later, the couple had a huge row and spent the night in



Kerry called Brian her one true love despite breaking up in 2004

their hotel room fighting. George was 'ill' on their honeymoon in Cape Verde, too. In June he was rushed to hospital after suffering what was thought to be a stroke, but was later diagnosed as Bell's palsy.

The friend said, 'Kerry has taken George back because he's ill and she feels sorry for him. She feels he needs one last chance to show he can be a good husband to her and a good dad to their baby, DJ, and her four other kids.'

Now George is back at the family home, Brian is keen to make sure he has Kerry's best interests at heart, and the pair even spoke on the phone last week. 'Brian wanted to make clear to George his concerns over Kerry,' says the source.

'They get on surprisingly well. As he's got older, Brian has learned that he needs to support Kerry more if he is to play a positive role in their children's lives – even if this means getting on with her new husband. George has vowed to both Kerry and Brian that he will beat his demons and turn himself around.'

Yet George is hugely jealous of Brian – who Kerry once called her one true love – and friends say he's determined to cut the contact between the exes. 'It's unlikely Kerry will be chatting to Brian as much now that George is back,' says the source. 'They need to focus on rebuilding their relationship.'

Kelly Jenkins



Brian split with Vogue on the same day Kerry broke up with George



Kerry threw George out but has now given him one more chance

PICTURE
scoop

Beach

Hollyoaks' Jennifer Metcalfe gives the Kardashians a run for their money, as she shows off her curves in St Tropez

Any body insecurities are firmly behind her

She's told us before that she feels sexier than ever in her thirties. So it's no surprise that *Hollyoaks* actress Jennifer Metcalfe was keen to flaunt her amazing bod further as she relaxed on a recent trip to St Tropez, in the South of France.

Enjoying the sunshine with her boyfriend of two years, Greg Lake, 31-year-old Jen looked happier than ever as she showed off her enviable figure in a contrast-pattern bikini set.

While the stunning star looks anything but insecure in these eye-catching photos, Jen revealed to us just last month that accepting her curvaceous figure didn't always come so easily. Five years ago, in 2010, she went to the lengths of having liposuction on both her thighs and bum because she was so unhappy

Look at Jen's teeny waist! We're well jel!

bum Jen



Greg is all eyes as the couple enjoy a sunshine break



'I've fully embraced what nature gave me'

with the bootylicious curves nature gave her. Now, and thanks to the likes of Beyoncé and Kim K, she's learned to love her sexy shape.

'I used to hate my bum, but since accepting that my curves weren't going anywhere, I've learnt to love them,' Bradford-born Jen explained. 'I've fully embraced what nature gave me, thanks to celebrities like Kim Kardashian.'

The petite star credits the 5:2 diet for her toned bod, a system which allows her to eat whatever she likes five days a week, then consuming just 500 calories a day on the remaining two. She also relies on a strict gym routine.

'I like to do high-intensity exercise mixed with hot yoga classes, which are great for toning and tackling cellulite,' Jen said.

'I've struggled with it for years but I've realised that, to get rid of it entirely, I'd have to eat like a saint and not have a

social life, which just isn't me at all. I'd prefer to have a life and embrace the way my body is, imperfections and all.'

Meanwhile, Jen also appeared happy and loved-up with Newcastle-born Greg, 30, despite a brief reported split back in 2013.

Keen to ensure fellow beachgoers knew they were together, ex-*Geordie Shore* star Greg was spotted protectively cosying up to his girlfriend throughout the day, as they strolled together on the sandy shore.

A hot boyfriend and a banging bod? We wouldn't mind being in your shoes for the day, Jen!

Katherine Parkes

Reveal says

'Are you a bootylicious Brit? Tweet us @revealmag'



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MICHELLE'S PLAN TO *leave Essex!*

Michelle Keegan is sick of living in the 'Essex bubble' and has masterminded a plan to move to America

She moved south to live in her husband's home county of Essex, but less than three months after her wedding to Mark Wright, Michelle Keegan has had enough.

The former *Coronation Street* actress has grown tired of living in what she calls the 'Essex bubble', and is desperate for the pair to move away.

But, rather than upset Mark, Michelle has come up with a plan to distance the pair from Essex – to go and live the American dream.

'Michelle really wants to move to LA for her acting career. She's wanted to do it for a long time,' says a source.

The couple, both 28, jetted to Hollywood last week – and Michelle had big plans for them while they're there. 'She's arranged meetings with publicists and agents,' says the insider. 'She's praying she can get some auditions and come back for pilot season in January.'

Mark and Michelle were spotted dining out at celebrity hotspot Craig's Restaurant in Beverly Hills last week, alongside fellow celebs John Legend and his wife, model Chrissy Teigen.

'Michelle hired a temporary publicist to help raise their profile and get them into some Hollywood events,' says the source. 'She's hoping they can be the new Posh and Becks of LA.'

According to friends of the star, Michelle wanted to leave Essex before her wedding. Mark was brought up there and is the original star of *The Only Way Is Essex*. But his ex fiancée, Lauren Goodger, also lives in the area – and Michelle



Mark's family (L-R), sister Jess, mum Carol, dad Mark and his other sister Natalya, pose with him and Michelle

has told pals she wants her and Mark to move away from his reality TV roots.

After failing to convince him to move to her native Manchester, Michelle decided a fresh start in the US would be great.

'Michelle is desperate to get out of Essex and has been telling pals how, even before the wedding, she was trying to persuade Mark to move up north. She says it's like living in a bubble in Essex. Getting a gig in LA would be the perfect excuse to uproot and start a new life,' the source says.

Mark is famously close to his family, including his mum, Carol, dad, Mark senior, and sister, Jess – who all appear on *TOWIE* – as well as his other two siblings and aunts and uncles. His mum and dad even joined the pair on their Dubai honeymoon, with Mark writing on Twitter, 'What a ride when the family joined the last couple of days of the honeymoon fun!'

Yet friends say living so close to the Wright clan has made Michelle feel a little claustrophobic – especially as they keep asking when she's going to start a family. 'Michelle just isn't ready. Her focus is on her career at the minute,' says the source.

And, while Michelle plans to further her own career in the US, she also has one eye on Mark's. 'Mark always says how much he misses LA after his stint there a couple of years ago filming his documentary,' says the source. 'Michelle is keen to get him some presenting work and has lined up meetings for him with publicists.'

And it seems Mark is more than happy with his wife's plans for US domination. 'They both know it's going to be tough and are under no illusion that they're going to fall into big Hollywood roles and become A-listers overnight,' says our source. 'But, Michelle is intent on doing everything she can to succeed out there and Mark is 100 per cent on board.'

Kelly Jenkins

Michelle's thought to have her heart set on a life in LA



The pair were spotted going to dinner at Craig's in Beverly Hills

Mark filmed a show in LA, which aired in 2012





Jen *v* **IN HER**

Reveal
says
'Our new favourite
marrieds!'



The couple jetted to
the island of Bora Bora
for their honeymoon

marries GARDEN!

Surrounded by her loved ones, Jennifer Aniston says 'I do' to long-time partner Justin Theroux in the grounds of their £14m Beverly Hills mansion

Their engagement lasted longer than many Hollywood marriages; and we were starting to think Jennifer Aniston may never get her happy ever after. But celebrations were in hand last week when the actress finally tied the knot with her partner of four years, Justin Theroux.

The pair, who met on the set of their movie *Wanderlust*, got engaged on Justin's 41st birthday three years ago after 12 months of dating.

And the newlyweds pipped their three-year anniversary to the post with a romantic wedding reception in the vast gardens of their £14m Beverly Hills mansion on 5 August.

Surrounded by 74 close friends and family, including her former *Friends* co-stars (best friend Courteney Cox was the maid of honour), actress Emily Blunt and chat show hosts Chelsea Handler and Ellen DeGeneres, the wedding was disguised as an early birthday party for Justin, who turned 44 just a few days later.

But the cat was let out of the bag when pictures emerged of a priest arriving clutching a Bible and caterers carrying a wedding cake with bride and groom puppets perched on top at the gates of the plush home.

We're told Jen, 46, shunned a traditional white bridal gown like the one she wore when she married Brad Pitt in 2000 and opted for a flowing white summer dress for the occasion.

The couple went to great lengths to ensure the wedding was kept hush-hush, apparently using a vacant mansion next door to hide all the furniture and party supplies before the big day and ensuring the event was kept on the down-low by confiscating the phones of staff and banning parking nearby.

'Guests were told it was a birthday party for Justin,' says a source. 'Jen and Justin wanted to surprise guests –

and guests were certainly surprised.' Some of them apparently turned up in jeans for that reason!

A £70 million prenuptial agreement is thought to have been hashed out before they tied the knot.

Robert Downey Jr was on hand to raise a toast and the top table was reserved for family only. Australian pop star Sia performed for guests and Sam Ronson was on hand to DJ until dawn.

The hangover can't have been too bad, though, as Jen and Justin were spotted the following morning boarding a private jet to Bora Bora for their honeymoon on the idyllic French Polynesian island.

Meanwhile, US reports suggest they are in the process of adopting a baby girl. 'Jen and Justin signed papers after a series of interviews. There's still a long way to go. Jen's never been happier or more excited in her life.'

The much-anticipated nuptials come just a fortnight before Jen's ex-husband Brad Pitt (whom she divorced in 2005) celebrates his first wedding anniversary with Angelina Jolie on 23 August.

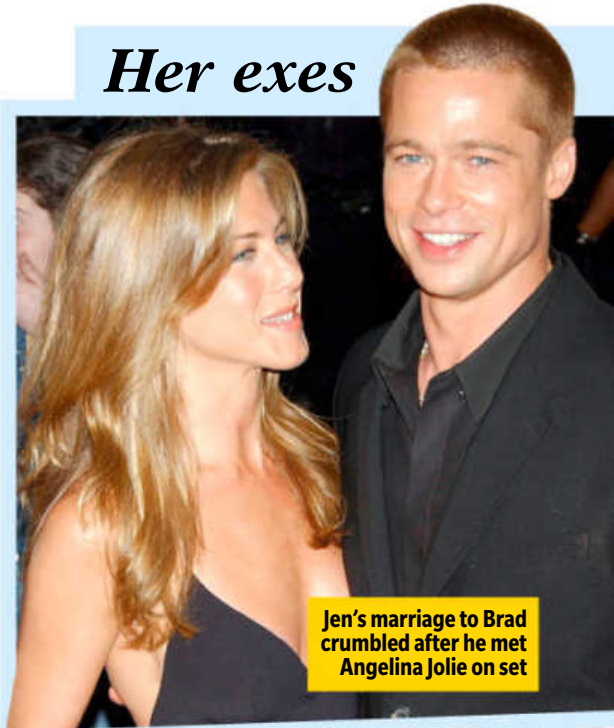
Before finding happiness with Justin, Jen dated actor Vince Vaughn for 18 months in 2006. She's since credited him with bringing her back to life after her heartbreak following the split from Brad.

'I call Vince my defibrillator,' she told *Vogue*. 'He literally brought me back to life. My first gasp of air was a big laugh! It was great. I love him. He was perfect for the time we had together. And I needed that.'

She then had a two-month fling with British model Paul Sculfor in 2007. The following year she started a year-long on-off relationship with musician John Mayer.

Emma Hunt

Her exes



Jen's marriage to Brad crumbled after he met Angelina Jolie on set



Vince Vaughn helped to put the smile back on the actress's face in 2006



Hunky British model Paul Sculfor and Jen enjoyed a fling in 2007



RITA'S *beach booty*

The X Factor judge proudly shows off her body in an itty-bitsy white bikini



A skimpy bikini showed off her curves

Living up to her party girl reputation, Rita Ora took time out from her hectic schedule for a mini-break in Ibiza. And we were wowed by her fantastic bikini body in the process.

Sunning herself on the Balearic isle, the singer, 24, flaunted her toned bod on board a luxury yacht moored in the Mediterranean. She sported a sexy monochrome cut-out £85 Sian Swimwear bikini, sunnies and snap-back cap as she frolicked with pals on the swanky vessel.

Her slim shape is a result of a recent detox diet where Rita revealed she was practically living on a diet of kale in her YouTube video diary.

It's great to see Rita owning her body after she previously spoke out about her insecurities. 'I matured more quickly than

the other girls – I had bigger breasts and a bigger bum – and hated it. I'd get extra-tight leotards for my dance classes [to flatten me] because I was ashamed of my body,' she told *Teen Vogue*.

But stars such as Beyoncé helped her embrace her curves. 'At one point, I just woke up, like, "I love my boobs, I love myself."'

She has also admitted, 'You have to stand naked in front of the mirror and say, "I'm f***ing sexy." That's where it starts.'



Ri has embraced her curves after years of insecurity

CHEEKY GIRL



Something was floating Rita's boat

She's worked hard to get into this shape



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GARNIER

'WE ARE ALL ON OUR OWN JOURNEY'

Fitness fanatic Khloé Kardashian, 31, who was accused of having surgery after her stunning *Complex* mag photoshoot last month, took to Twitter to slam her critics last week.

'I find it disgusting, but maybe a compliment that I'm being accused of getting lipo done. I work out five days a week. I bust my a***!' the reality TV star, who started working out after her marriage breakdown in December 2013, fumed.

TOWIE star Lucy Mecklenburgh, 23, eloquently summed up the bodyshaming debate following her naked photoshoot for our sister mag, *Women's Health*.

She wrote on Instagram, 'It's been a massive year in the debate on body shaming, notably almost all of it happening about women, by women.'

'I think it's an important debate, which unfortunately often gets dragged into slanging matches "for or against" really quickly.'

'Nobody should ever be shamed for where they are today. We are all on our own journey. I'm incredibly proud of my body.'



Photos: Flame Flynet, Grant Buchanan, Instagram, Rex Features, Richard Young, Splash

HITTING BACK AT THE *body shamers*

These four celebs are embracing their different body shapes and standing up to vicious bullies

'BODY SHAMERS AREN'T PERFECT EITHER'

After being taunted over her weight in the *I'm A Celebrity...* jungle last November (she was cruelly named 'a whale' and 'a fat ogre'), Gemma Collins, 34, has also taken a stand against body bullies again this week.

She said, 'To see women being told they are "disgusting" or "fat" is horrifying. It breaks my heart because these girls have a heart and feelings and insecurities just like everyone else.'

'I'm waging war on body shamers. There are people out there that think just because it's on social media they can tear you apart.'

'I wonder what they look like? They're not

perfect, that's for sure.'

She also stuck up for herself against Katie Hopkins, after the columnist slammed overweight air passengers, arguing that any woman over 9st should pay an extra £20 per kilo when travelling.

'Not all weight is due to burgers and pizzas. It could be medical,' she told Katie.

Personal trainer and daughter to Richard Madeley and Judy Finnigan, Chloe Madeley, 28, also took the opportunity to vent her frustration on Instagram after being asked, 'Are you a man?' following her revealing shoot in *Fabulous* magazine.

'I find it hilarious when people say that my #body looks #masculine, just because my body was developed for a purpose other than for f***ing millionaires,' Chloe said.

Chloe also admitted to having the best sex of her life with hunky rugby player boyfriend James Haskell. Take that, trolls!

Lauren Hills



Katie Hopkins slammed overweight people on planes



the sale of the summer

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POSH REJECTS 'TR

As the UK and the USA's premier couples, the Beckhams and Kardashian Wests should have loads in common. But while David and Kanye are bonding, wives Victoria and Kim are finding it hard to connect, due to the huge culture clashes between them...

She was once a platform-wearing, belly-baring Spice Girl, but now all fashionistas want the seal of approval from pop star-turned-fashion designer Victoria Beckham.

Unfortunately, despite her numerous efforts to impress, Kim Kardashian West still hasn't had the OK, and she's furious that Victoria's continuing to block her from her life on both a personal and professional level.

The ladies' husbands, Kanye West and David Beckham, have grown close in recent months thanks to their Adidas affiliation, with rapper Kanye even gifting the Beckhams' eldest son, Brooklyn, with his signature Yeezy trainers for his 16th birthday in March.

However, Kim, 34, and Victoria, 41, haven't bonded in the same way, and we're told, 'David and Kanye have become unlikely friends, with Kanye even expressing an interest in investing in David's proposed MLS soccer stadium in Miami.

'So Kanye asked Victoria to call Kim for a girlie get-together, but Victoria said she's too busy. The truth is, she doesn't want to welcome Kim into her inner circle – she's worked extremely hard to shed her cheesy Posh Spice image, and she thinks aligning herself or her brand with Kim would ruin all that hard work and open her up to mockery.

'To put it simply, Victoria hates Kim's style and thinks she

veers on trashy. She doesn't like her maternity look or the way she wears skintight dresses to accentuate her extra-large pregnancy breasts.'

Although Kim's undoubtedly popular – she trumps Victoria's 6 million Instagram followers with 41 million of her own, and has 34 million Twitter followers compared to Victoria's 8.6 million followers – Victoria fears she could tarnish her ultra-precious reputation as a high-end fashionista by merely associating with her.

Our source tells us, 'Victoria's not a fan of the Kardashian way of over-sharing, especially on social media.

'Despite their husbands' friendship, in private, Victoria pokes fun at Kim's selfie obsession, and she's not surprised that her book, *Selfish*, was a flop [it's sold just 32,000 copies in three months]. Kanye sent a copy to the Beckhams and, after flicking through it, Victoria put it out with the recycling.'

DON'T COME DINE WITH ME

Victoria managed to avoid Kim at the CFDA Fashion Awards in June, and it's not the first time she's snubbed the reality TV star.

Victoria was reportedly asked to design Kim's wedding dress last year, but refused, as it would 'devalue her brand'.

However, she did agree to a double dinner date with David, Kim and Kanye recently – but it did nothing to thaw relations.

'At dinner, Kanye launched into a rant about the current



Brooklyn Beckham received Yeezy trainers from Kanye for his birthday



Instagram/brooklynbeckham



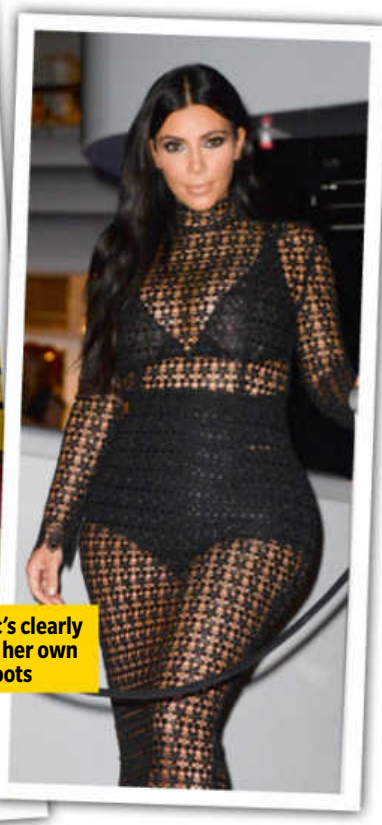
Victoria posted this snap in support of Kendall

Instagram/victoriabeckham

ASHY' KIM (again!)



Ahem! Vic's clearly forgotten her own 'trashy' roots



state of fashion and then spent 45 minutes lecturing Victoria about how she can improve her sales by leaning edgier,' says our source.

'He suggested Victoria bring him on as a paid consultant, then he put her on the spot by asking if Kim could be her spokesmodel.

'Victoria grinned her way through dinner, but she was secretly baffled and, of course, she never followed up Kanye's requests.

'She thinks it's mad that Kim smiles blankly when Kanye goes off on his rants. Victoria told David she'd duct tape his mouth shut if he ever spoke like that in front of her!

'But David's more laid-back with everything. He likes Kanye and his music.'

A BAN ON KYLIE AND NORTH

Victoria's snubbing isn't the only thing upsetting Kim – she's also jealous that Victoria's taken a liking to her younger half-sister Kendall Jenner.

The 19-year-old model is the only member of the Kardashian clan to get the fashion designer's seal

of approval, and the pair reportedly met last summer to discuss Kendall walking for Victoria's fashion shows.

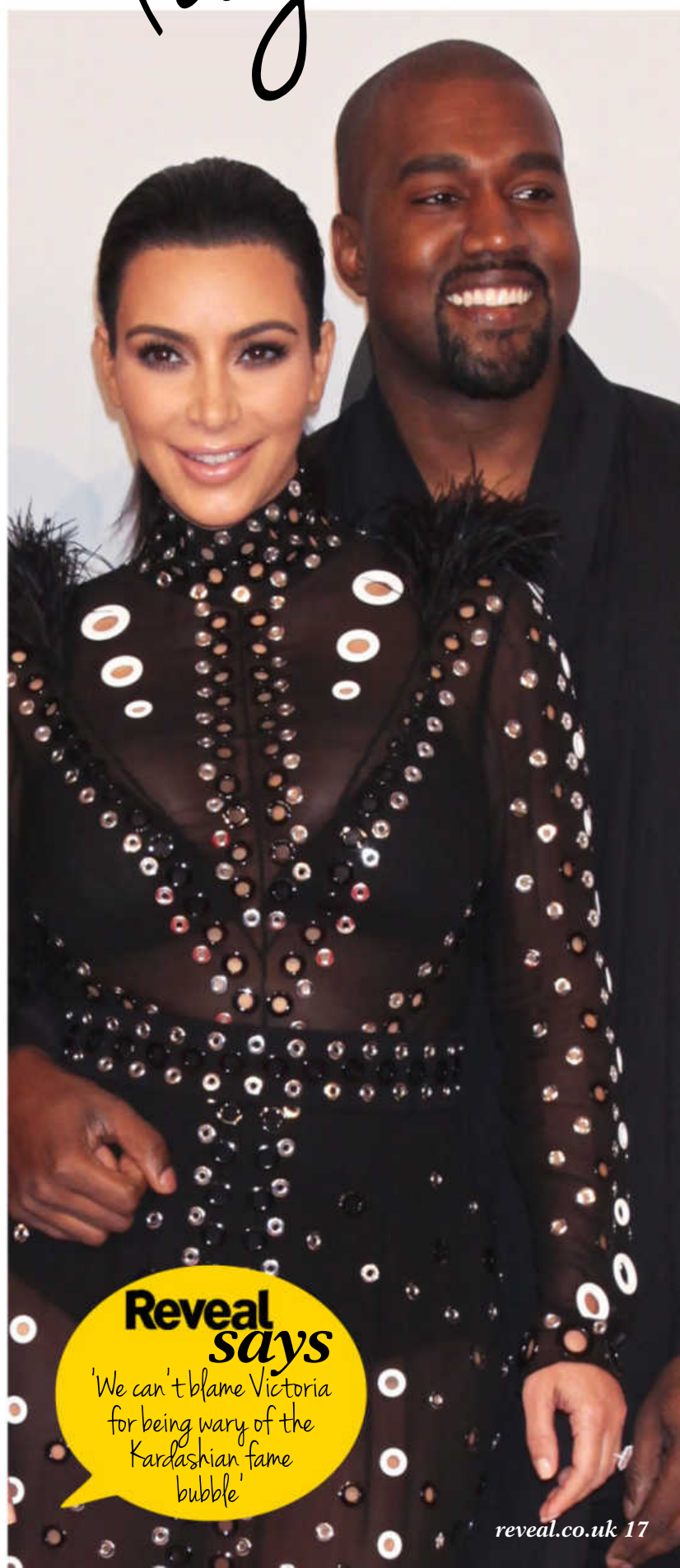
Victoria then proudly tweeted a picture of Kendall wearing a pair of sunglasses from her range, captioning it, '@KendallJenner looking great at @coachella in VB Aviators x vb.'

Our source concurs, 'Of all the family, Victoria has the most respect for Kendall, because she's demure and classy.'

But it's not just Kim getting the cold shoulder – Victoria isn't keen on her eldest son Brooklyn, 16, being mates with Kim's half-sister, Kylie Jenner, 18, or for their daughters, Harper, four, and Nori, two, being playmates.

While the Beckhams are keen on instilling a good work ethic in their kids – Brooklyn was made to spend his summer holidays last year working at a café in London – Victoria feels the Kardashian-Jenners are 'too Hollywood' and don't have the same values as she wants for her kids.

Rebecca Greenow



Reveal says

'We can't blame Victoria for being wary of the Kardashian fame bubble'

BUNNY TURNS ONE

Proud mother-of-five Katie Price shared a series of sweet snaps from her daughter Bunny's first birthday.

Little Bunny looked adorable in a glittering pink and gold party hat, paired with a tiny pink tutu as she smiled for a family picture with both Katie, 37, and her husband Kieran Hayler, 28, who were kissing their daughter on the head.

Businesswoman Katie gushed over her daughter, who she gifted with her first pram and doll, 'Our gorgeous Bunny Boo Boo on her 1st birthday today.'

Instagram/@officialkatieprice

Instagram/@officialkatieprice

Katie and Kieran kiss pink princess Bunny on her first birthday



PROUDLOCK GETS FRUITY

Not one to shy away from bold fashion choices, *Made In Chelsea* star Oliver Proudlock bravely opted for a particularly colourful ensemble for a night out in London last week.

Ensuring all eyes were on him, Proudlock, 28, wore a summery short suit by Stella Artois Cidre x YMC's 'Le Poolwear' collection, covered in juicy peaches, paired with a plain white T-shirt from his own clothing brand, Serge DeNimes.

Also opting for a shocking suit was Mariah Carey's ex-hubby, Nick Cannon, who opted for a garish orange camo two-piece, and *TOWIE*'s Pete Wicks, who went for a floral ensemble in Marbs recently... where else?



LAUREN GETS LIPPIER

After seeing this Instagram snap, we couldn't help but suspect that Lauren Goodger had had a little help à la Kylie Jenner.

Lauren, 28, said her look was 'all in the lip liner', but concerned fans advised her, 'Stop changing your face.'

Alongside the pouty pic, the ex-*TOWIE* star shared the news she'd be making an 8-inch mini-me at Watford Asda's new 3D printing service.

But, with fans wishing she'd stop looking like a plastic model, she may not get the positive response she's after!



Instagram/@laurenrosegoodger



SELFIE STARS

They were first unveiled as the latest additions to Madame Tussauds in London last month.

But, before taking up permanent residence at the tourist hotspot, replicas of Kim Kardashian West and husband Kanye were treated to a trip around the capital's top photo spots – where, in true Kim K style, they were caught posing for a number of selfies!

Looking as flawless as the original Kim, 34, the waxwork double sported a tight white dress and perfect contouring, alongside 38-year-old Kanye's shiny twin as they posed in front of the London Eye and Tower Bridge.

Wish you were here, Kimye?

Katherine Parkes

BRUCE THE BUNNY

Snapchat/KyJzlenmyz12



Kylie's named her new bunny after her dad

Kylie Jenner and her BFF, Pia Mia, have adopted a bunny together... and named it Bruce!

Clearly taking inspiration from her father Caitlyn Jenner's pre-transition name, 18-year-old Kylie unveiled her furry friend to fans on Snapchat before telling the camera, 'I feel so good,' about the latest addition to her family.

The adorable bundle of fluff is Kylie's third pet, and will join her two Italian greyhounds, Norman and Bambi, in her swanky \$2.7 million home.

We think 'Kim' looks realistic... not sure about Kanye, though!



Photos: Barcroft Media, Rex

THE *'Zerrrie'* BATTLE BEGINS

SHOCK
SPLIT
#1

Perrie Edwards has been Zayn Malik's rock for four years. But, after he dumped her by text, things are getting nasty...

ZAYN 'RESENTS' PERRIE FOR HIM LEAVING 1D

While Zayn Malik was said to feel relief at leaving One Direction in March – citing he wanted to lead a 'normal life' – things haven't turned out for him as planned and, now, he's blaming Perrie Edwards for it.

Zayn, 22, called off their two-year engagement three weeks ago via text, leaving Perrie, 21, devastated.

We can reveal the reason behind the split is Zayn's recent regret at leaving the band.

A source close to Zayn says, 'Over the last few months, he's really regretted leaving the band and it seems he's placing the blame at Perrie's door.'

'He convinced himself she was the one who pushed for him to leave, and that it'd be the best thing for him musically. But now, he thinks it was a big mistake and he fears his solo work will tank.'

After he was accused of cheating on Perrie while touring in Thailand with 1D in March, a desperate Zayn flew back to the UK for crisis talks with the Little Mix singer, before announcing he was quitting the band to concentrate on their relationship.

Then, just last month, the couple bought their first house together, a £3 million mansion in Hertfordshire.

Zayn's been working on solo material but was said to be frustrated that, while he quit the band to commit to Perrie, she left him at home while she continues to work with Little Mix.

'When the situation was reversed, she was constantly worried he was cheating on her,' the source says.

'Then he was the one who was worried that she was going to be stepping out with other guys.'

Directioners branded Perrie 'Yoko Ono' after Zayn quit, in reference to John Lennon's wife, who was accused of causing The Beatles' split.

'It's easy to blame Perrie, but Zayn's a big boy and he just couldn't cope with his decision,' says the source.

While Perrie is said to be devastated, Zayn made his feelings clear on Twitter last week.

On the day the news broke, he posted a picture of a lotus flower, which symbolises rebirth.

In other tweets, he also seemed in high spirits, tweeting 'haha' alongside a laughing emoji, as well as a picture of him clubbing with friends.

He was also spotted partying in Los Angeles with a bevy of women, and was blasted for favouriting a raunchy picture of 18-year-old Kylie Jenner.

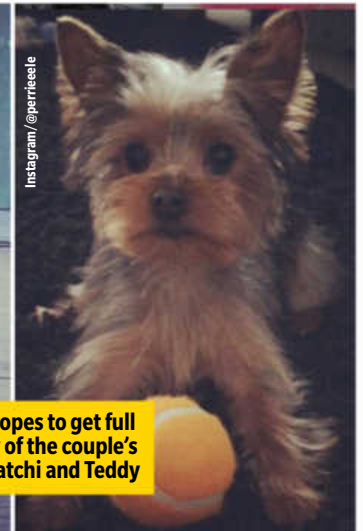


Zayn told friends
he thinks leaving
1D was a mistake

Instagram/@perrieede



Perrie, here with her £30,000 ring on, just hours before the split



Perrie hopes to get full custody of the couple's dogs, Hatchi and Teddy

PERRIE: 'I'M KEEPING THE RING... AND THE DOGS'

Through years of cheating and drug-taking allegations, people have urged Perrie Edwards to dump her fiancé but, instead, she loyally stood by him.

So, imagine how devastated and confused she feels now, after he's dumped her by text and hasn't contacted her since.

Then, while she's been left wondering what went wrong, he's reportedly been living it up in LA, even inviting four blonde girls back to his rented Bel Air mansion after a night of clubbing.

A friend said last week, 'Perrie's beyond upset and she's been telling friends she feels like a fool for thinking she knew him.'

'She's forgiven him for doing some stupid things and, yet, she's still the one who's ended up looking like an idiot, while he's walked away just the way he wanted to.'

'It's really affecting her and she'll struggle to trust anyone after what he's put her through.'

'But, one thing's for sure – she's adamant she's keeping their dogs, Hatchi and Teddy. She takes the most care of them and, right now, she also has no intention of giving her engagement ring back.'

Perrie's told friends she wasn't responsible for Zayn leaving the band, either, and he's long spoken about his struggle to deal with the attention and pressure that comes with fame.

The source says, 'Perrie's been nothing but supportive

to him, she's backed every decision he's made and taken the flak. It was really hurtful to be blamed for him leaving the band, but she kept her mouth shut and maintained her dignity – and this is how he thanks her.'

'Perrie could have her pick of men, so it's a shame that the one she wanted treated her so badly.'

In May, Zayn denied a fling with *Love Island*'s Lauren Richardson, tweeting at the time, 'I'm 22 years old... I love a girl named Perrie Edwards. And there's a lot of jealous f***s in this world. I'm sorry for what it looks like.'

In 2013, Australian waitress Courtney Webb claimed she slept with Zayn and, in 2012, less than a year after 'Zerrie' began dating, a video emerged of him asking a dancer to 'come back to my [hotel] room' while on tour.

Last week, Perrie – who's also in LA promoting Little Mix's single *Black Magic* – seemed tearful when a radio presenter asked how she was feeling.

But she replied politely, 'I'm good, thank you,' and has since posted pictures of her having a laugh with her supportive bandmates.

The most hurtful thing, perhaps, is the timing – Zayn must have called off their two-year engagement within a couple of days of Perrie's bandmate, Jesy Nelson, becoming engaged to Rixton singer Jake Roche.

What's next for Zerrie? >>

MAKE



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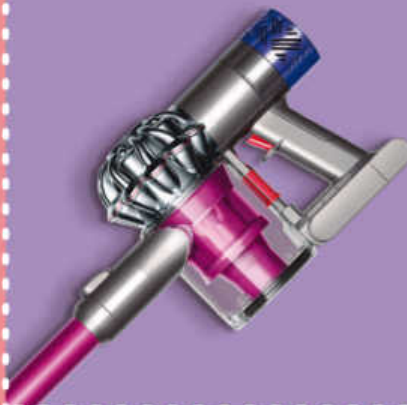


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HOME



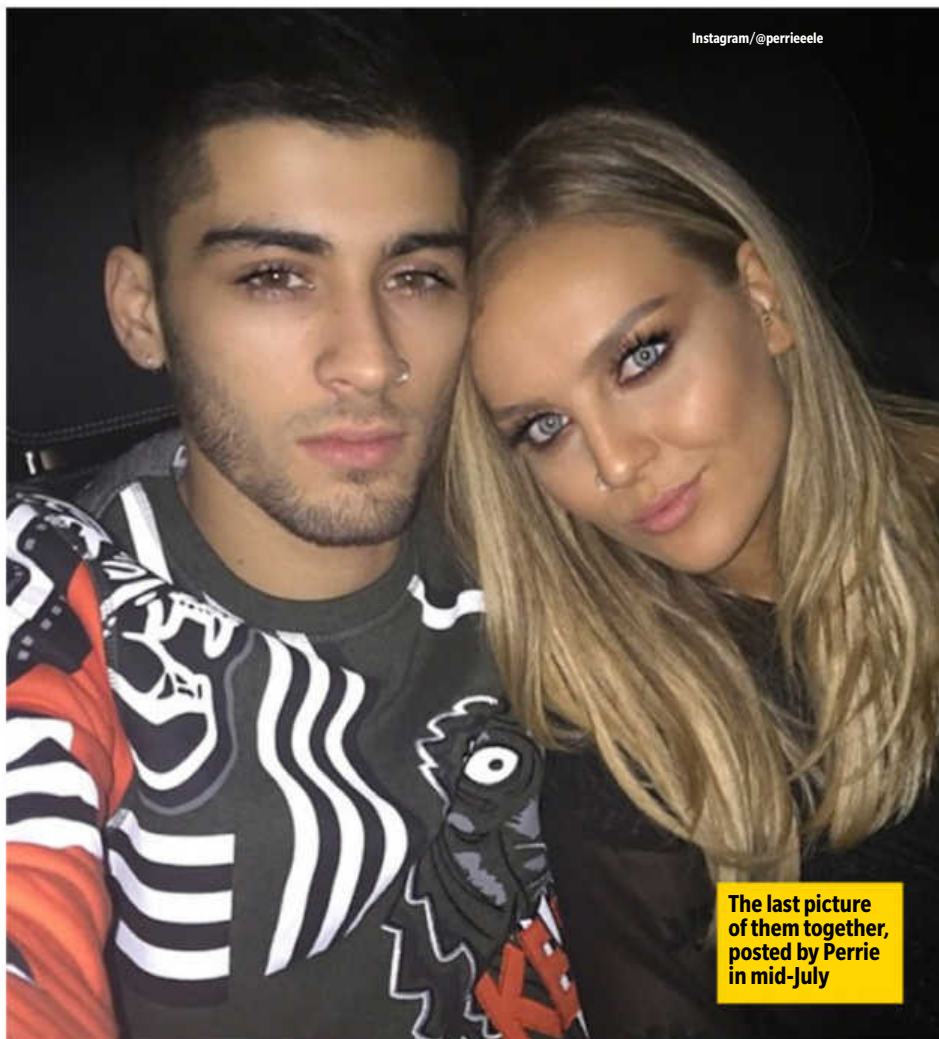
COME



TOGETHER



VERY.CO.UK



The last picture of them together, posted by Perrie in mid-July



While bandmate Jesy posted Perrie looking H-O-T, minus her ring, Zayn shared this moody selfie...



Jesy supportively holds Perrie's hand as the group stop for froyo in LA

WHAT'S NEXT FOR *Zayn & Perrie?*

She's keeping the dogs and the ring, but what will happen to their new £3m mansion? And whose career will fare better?

Less than a month before they split, Zayn and Perrie splashed out on their first love nest, a mansion worth £3 million.

Friends said the six-bedroom house in Hertfordshire would be where they'd begin their married life and start a family.

Instead, it looks like they're going to have to sell it. Understandably, Perrie is said to be devastated, and has no idea where she's going to live when she arrives back in the UK.

'This was the house where Perrie expected to marry Zayn and act as his wife for the rest of their lives,' says a source.

'It was their dream home, and he went through with the purchase just weeks ago.

'Perrie feels confused and led on. He must have already been having doubts about the relationship.

'This was a very serious, major financial purchase. She thought Zayn was committing to her long term.'

It's thought the house will now be sold,

as neither of them will want to be reminded that it was supposed to be the home they started their family in.

Not only that, but the battle will also extend to their dogs, Hatchi and Teddy, and their three cats, Prada, Benji and Jack, and Perrie is certain she'll get custody.

To take her mind off the split, Perrie's thrown herself into work and is currently touring the US with Little Mix, promoting new single *Black Magic*, which has spent three weeks at the top of the UK charts.

Meanwhile, Zayn has told fans he's excited about his new solo material.

Last week, he shook off news of the split by tweeting to fans, 'Gonna get this done for you!! I promise this album will be amazing. Got something exciting coming soon. Love you all... Always make me feel good.'

But it seems Perrie tried to get one over on Zayn a week after the split, by naming One Direction's new single, *Drag Me Down*, as her favourite track of the summer.

Rebecca Greenow



Twitter/@wonderlustayne



ZAYN SLAMMED BY HIS EX

Perrie's found an unlikely ally in Zayn's ex-girlfriend, singer Geneva Lane.

Geneva and Zayn dated in 2010 when they both appeared on *The X Factor* (she was part of girl group Belle Amie), a year before he hooked up with Perrie.

In a series of angry tweets, Geneva wrote, 'Lol... Saw that coming. Dunno how she didn't realise sooner what massive c*** he is.

'She deserves so much better than to be treated how she has for so long. So many lies and so much deceit. So wrong. She will come out strong.'

It's possible that Geneva's outburst comes as a result of Zayn dating their fellow *X Factor* contestant, Rebecca Ferguson, shortly after they broke up.

Photos: iNPhoto.com



Gwen and Gavin looked like one of Hollywood's strongest couples

SHOCK
SPLIT
#2



The pair married in London in 2002

TORN APART BY *jealousy*

As Gwen Stefani announces her divorce from Gavin Rossdale, sources say trust issues played a major role in the couple's downfall



Gwen has had great success with her band No Doubt...

Reveal
says

'Who knew what heartbreak Gwen was hiding?'



... and has reached an even wider audience on *The Voice USA*

They've been in a relationship for 20 years, married for 13 and have three sons together, but last week Gwen Stefani and Gavin Rossdale announced they are divorcing.

'While the two of us have come to the mutual decision that we will no longer be partners in marriage, we remain partners in parenthood and are committed to jointly raising our three sons in a happy and healthy environment,' said the pair in a joint statement.

The split has shocked fans, as Gwen, 45, and Gavin, 49, had, what always looked like, one of the strongest marriages in Hollywood.

Often seen enjoying family days out with their kids, Kingston, nine, Zuma, six, and Apollo, 17 months, close to their LA home, they were a

gorgeous couple and appeared to be a perfect match.

Yet, according to sources close to the No Doubt singer and her British musician husband, jealousy was always a big issue for them.

'This was a long time coming,' says a source. 'Ultimately, it was jealousy that undid the marriage. Gwen worried about Gavin's wandering eye... and in the end couldn't take it any more.'

But it wasn't just Gwen who had issues with jealousy – it's alleged that Gavin also suspected infidelity. 'Gavin truly believed she cheated on him,' says an insider.

While there has been no suggestion of any cheating on either side, US reports suggest the pair – who married in London in 2002 – struggled with the lack of trust.

And, while they have not yet

hinted at the reason for their split, there have been reports that Gavin found it hard to handle Gwen's success.

The gorgeous blonde's band No Doubt has always been more successful than Gavin's band Bush – both commercially and critically.

And, Gwen has achieved even more success with her solo endeavours. She won a Grammy in 2002 and found increased fame as a judge on the US version of *The Voice* – an incredibly popular show watched by between 12 and 15 million people every week.

'There's been a lot of simmering anger and upset on his part,' says a source.

'He's always been the less successful and the less popular of the pair.'

'People love Gwen, but he's never received the adoration that she has or gained the

professional success and diversity that she has.'

Whatever the reason behind their split, it appears it's permanent, as on 3 August, Gwen filed for divorce citing 'irreconcilable differences.'

'They finally just got to the point where divorce would be the best thing for both of them and their kids,' says a source. 'Gwen will be fine – she and Gavin are devoted parents. They just can't be parents to each other any more.'

Kelly Jenkins

F&F

★★★★★
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**SHOCK
SPLIT
#3**

The strain shows on Jennifer as the messy split plays out

BEN & JEN

The fallout

After weeks of wild rumours that Hollywood star Ben Affleck has been enjoying a steamy affair with his children's nanny, his split from wife Jennifer Garner has turned bitter

Hollywood couple Ben Affleck and Jennifer Garner announced their separation after 10 years of marriage six weeks ago.

But, while rumours of marital strife circulated for months, nobody, including Jennifer herself, could have predicted what is said to have happened since.

In a scene reminiscent of his latest thriller, *Gone Girl* (which sees his character Nick Dunne cheat on his wife with a university student) rumours surfaced that Ben, 42, had been having an affair with Christine Ouzounian, 28, the family nanny.

Californian-born Christine (above, centre) started working for the couple in the spring, when Jennifer, 43, hired her to look after her and Ben's three children – Violet, nine, Seraphina, six and three-year-old Samuel.

SECRET MEETINGS

The affair is said to have started when Ben and Jennifer, along with the children and Christine, flew out to the Bahamas at the end of June, shortly before they announced their divorce.

Due to filming commitments, Jennifer had arrived at the luxury resort days after her husband and Ben then flew home to take part in a poker tournament.

But eyebrows were raised when Christine, without the children, went with Ben to the Las Vegas event, reportedly telling onlookers she was 'helping out'.

US sources say Christine being there was a 'red flag' for Jennifer, who swiftly sacked her on her return to the Bahamas.

Representatives for Ben have denied any affair, calling the rumours 'garbage... baseless and untrue', but just two weeks after Christine was sacked, the former-nanny was spotted at the Bel-Air Hotel in Beverly Hills, where Ben had been staying in the days after his split from Jennifer.

But it was Christine's late-night visit to Ben's new bachelor pad in Los Angeles on 17 July that appeared to confirm their relationship.

After lending her his car, Christine was seen punching in the security code for his new flat and greeting him, all smiles, with a bottle of champagne.

Now, while Jennifer is filming her latest drama, *Miracles from Heaven*, in Atlanta, Christine and her friends are enjoying

the A-list lifestyle at the sumptuous £1,000-a-night hotel.

POTENTIAL LOVE CHILD

Further bombshells might yet be dropped, as US sources report that Christine could be pregnant, although nothing has been officially confirmed.

Looking glossy-haired and grinning like the cat that got the cream, Christine certainly doesn't appear to have gone into hiding following the scandal and seems to be enjoying the spotlight.

Meanwhile, Ben, whose fortune is estimated at £50m, is reportedly staying at the family home in Savannah (hundreds of miles away, but still in the same state) and is said to be full of regret.

Jennifer ignores his calls and will only talk to him to discuss arrangements involving the children.

A US source says, 'Jen wants nothing to do with him. She will facilitate Ben seeing the kids, but other than that, she is finished.'

'What happened with Christine was the ultimate betrayal. There's no going back.'

Lauren Hills

**Reveal
says**

'If true, we can't help feeling disappointed with Ben over this'

I changed my diet AND WALKED AGAIN

Lauren Vaknine was set to spend the rest of her life in a wheelchair with crippling arthritis, but she's back on her feet again, thanks to an organic, chemical-free diet...

We're used to hearing about celebs embarking on the latest faddy, quick-fix diet or extreme eating plan, from Gwyneth Paltrow's infamous macrobiotic meal times to Beyoncé's maple syrup diet and recent conversion to veganism.

But, for Lauren Vaknine, drastically changing what she put into her body wasn't a bid to lose a few pounds or follow in famous footsteps – it was the key to being able to walk again.

Having been diagnosed with juvenile rheumatoid arthritis – a debilitating autoimmune disease – just days before her second birthday, Lauren had spent most of her life in excruciating pain. She had also been handed the crushing news that it was likely she would end up in a wheelchair.

But, today, the 31-year-old writer is the picture of health. She's married, pregnant with her first child and, against all expectations, she is in remission. And it's all thanks to a completely natural approach to eating.

'Conventional medicine relies heavily on steroids to treat juvenile rheumatoid arthritis, and it's something I've always tried to avoid, as the side effects are awful.

'But, over my lifetime, my condition flared up, leaving me in constant pain for

months, even years, at a time. I missed out on so many experiences. I was desperate to feel normal, to know what that felt like. In the end, I realised I had to stop relying on doctors for a cure.'

When doctors diagnosed Lauren's condition in 1986, after her ankle swelled up, steroids were the only treatment available. But her mother, Marsha, now 60, was adamant she didn't want her little girl pumped full of chemicals. Instead, she opted for a homeopathic approach.

And, while many children with arthritis end up with deformities, the alternative remedies helped keep these at bay.

'When I was little, I could never take part in PE or activities at birthday parties like roller skating. I had to wear knee protectors and special shoes that covered my ankles to support them, and, when the other kids sat on the assembly hall floor, I had to have a chair.

'During flare-ups, my knees and ankles were so swollen, I couldn't bend them. The only remedy was to have the fluid drained off in a process that was even more painful.'

Lauren was 18 when things spiralled out of control. Having finished college, she was due to study acting and directing at university, when the condition spread from her knees and ankles to her whole body.

'It was the worst period of my life,' remembers Lauren. 'For two years, I was confined to a wheelchair. It hurt my hips to sit down and my jaw ached so much I could only eat mashed food, smoothies

and soups, but I couldn't even grip a spoon to feed myself. My mum did everything.'

'I had to give up my place at uni and watch as all my friends left. It was demoralising. I couldn't do anything a normal teen

could and, at one point, I ended up in anger management.'

Lauren also suffered from uveitis – an inflammation of the iris – which led to cataracts. By the time she was 22, she had lost all vision in her right eye, requiring emergency surgery to save her sight.

She endured several ups and downs throughout her early 20s, when her parents paid £3,000 for IPEC therapy, which focuses on the body and soul. It got her thinking about the effect of what she was consuming. When she was well, she would throw herself into partying to make up for lost time, before suffering a relapse.

'I did endless hours of research and decided that I had to make some drastic changes to my lifestyle and my diet.

'So I stopped eating processed foods, meats that are pumped full of chemicals and antibiotics, dairy which affects the guts – an area that is also affected by autoimmune diseases – gluten and refined sugar. I went totally organic, to avoid all nasty pesticides and insecticides, and cut out caffeine and alcohol.

'The results were immediate – it was amazing. I was no longer in constant agony. I could move with freedom. And, where I'd only been able to walk for 30 minutes a day, I could now spend hours on my feet.'

She even managed to walk down the aisle when she married educational recruiter Daniel, 31, in June 2013.

With the help of a new homeopath and nutrition specialist, Lauren's life was transformed and, incredibly, within six months, she was in remission.

She has since gone on to publish a book about her journey, *My Enemy, My Friend*, and earlier this year set up the website, *Two Kitchens, One Lifestyle*, with her friend Raine Bar-El, showcasing their recipes which nourish your body from within.

Now, Lauren is focusing on another chapter of her life she didn't think possible – the birth of her baby in October.

'Not that long ago, I couldn't take a holiday or even a walk in the park. Now we have a baby on the way and I've never felt better.'

Paisley Gilmour and Su Karney

Photos: Jas Lehal

Lauren on crutches, aged eight with sister Ilana



With Daniel, after walking down the aisle at their wedding



iet **AIN**





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BEYONCÉ'S *baby riddle*

Is she or isn't she? After months of guesswork, all signs now point to yes...

Barely a week goes by without whispers that Beyoncé is expecting her second child.

The rumours reached fever pitch last week when Queen Bey returned from a mini-break with hubby Jay-Z and daughter Blue Ivy, three, in The Hamptons.

The superstar, 33, covered her tum with her laptop and a heavy jacket, despite the sultry New York weather. She has also reportedly ditched her vegan cleanse diet and has been showing off a fuller figure in recent weeks.

Bey and Jay, 45, have reportedly been undergoing gruelling IVF treatment after struggling to fall pregnant. But now, according to insiders, they've been successful at last.

'Even though she's barely showing, she's paranoid someone will pick up on it, so she's hiding her stomach whenever she goes out. They've gone through so much to get here, they don't want to jinx it by telling everyone before the three month mark,' the source said.

If Bey is pregnant, the timing is perfect. Who could forget the OTT



The star revealed her first pregnancy during her 2011 VMA performance

announcement of her first pregnancy – live on stage during a performance of *Love On Top* at the MTV VMAs in 2011, which just so happens to be only a fortnight away.

It's also been over a month since Bey posted a bikini shot on Instagram, flaunting her trademark flat tum.

And the duo have made no secret of their desire to extend their brood.

Rapper Jay admitted during a radio interview, 'Absolutely, God willing. Get this little basketball team going... It's all part of the elaborate plan!'

In May, Beyoncé told *Good Morning America*, 'I think my daughter needs some company.'

And, speaking to *Shape* magazine in 2013, she said, 'I'll probably start after this tour. We'll see if it happens. I adore being a mother, hearing her say "Mama" and call me when she needs something. It makes me feel like I have a real purpose here.'

Emma Hunt

Bey has been craftily covering her tum recently

Shoes fit for a Queen Bey

When you're Beyoncé, Louboutins and Jimmy Choos just don't cut it, as the songstress proved when she shelled out £216,000 on a pair of diamond-encrusted stilettos last week!

The fancy footwear, made by Birmingham's House of Borgezie, are described as 'the eighth wonder of the world' by their designer, Chris Shellis. Named The Princess Diamond

Constellation, they are set in platinum, encrusted with 1,310 diamonds, amounting to 65.5 carats, made to fit the customer's foot perfectly, and come with a lifetime guarantee.

Bey apparently snapped up the shoes, along with a matching belt (a steal at just £54,000!), after seeing them in a magazine.

Chris added, 'Beyoncé's one of those fantasy customers.'

Of course Beyoncé's new heels cost more than most homes...



I WANT *what she's got!*

We show you where the celebs have been shopping this week



ROSIE FORTESCUE

Fashionista Rosie goes for top-to-toe nautical in this cool co-ord. We love how she's added sleek courts and subtle waves to her chic sailor-girl outfit.

HONEYZ.COM
£49⁹⁹



Instagram/rosiefortescue



LITTLEWOODS.COM
£44



MYLEENE KLASS

Myleene is the latest celeb to get on the dungarees bandwagon and who can blame her with this amazing pair? A colour-pop bag from her collection at littlewoods.com is the perfect summer accessory.



Instagram/lucymeck1

LUCY MECKLENBURGH

Taking a classic 'out out' mirror selfie, Lucy looks super glam in these suede lace-up heels that match her midi skirt. A simple white top and a golden glow is all she needs to be evening-ready.

OFFICE
£75





LAVISHALICE.COM

£40



NEW LOOK

£39⁹⁹

SAM FAIERS

TOWIE's Miss Faiers gives a nod to the 70s trend in this button-down suede mini skirt and bell-sleeve top combo. Extra style points for keeping the rest of the outfit simple with barely-there heels, and a simple up-do, Sam.



TOPSHOP

£38

JASMIN WALIA

Essex girl Jasmin looks effortlessly gorgeous in this striped jumper dress. She keeps the accessories minimal to let the summer-to-autumn wonder-buy from Topshop do all the talking.

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RIHANNA & LEWIS GET FRISKY!

Lewis Hamilton partied with Rihanna in Barbados last week – now friends are worried she'll lead him astray

We told you last week how Rihanna has enjoyed several dates with Formula One driver Lewis Hamilton, and these new pictures, taken at the Kadooment Day parade in Barbados shows them looking closer than ever.

Rihanna, 27, took time out from recording her new album to hang out with Lewis as she returned to her Bajan roots for one of her favourite annual events.

Their hook-up comes just two weeks after an insider revealed to us that Rihanna has been playing hard to get, fearing she'll be Lewis' 'rebound' following the end of his on/off seven-year relationship with Nicole Scherzinger earlier this year.

Lewis, 30, and Rihanna enjoyed a string of dates in New York last month and, keen to win her over, the Stevenage-born F1 champ bombarded her with presents and messages to convince her he's committed.

And it appears to have done the trick! The event was full of scantily-clad

women, but Rihanna seemed determined to stand out in an eye-catching outfit.

Leaving little to the imagination, the *B**** Better Have My Money* singer sported a barely-there diamond sparkly bra, a giant feathered headdress and wings.

And, while the beauty wasn't short of admirers, it looks like Lewis was the only one she had eyes for as they were spotted grinding and dancing together all day long.

But it appears not everyone is a fan of the new couple. Lewis' F1 bosses and family are thought to be less than impressed by RiRi's influence over the clean-cut sports star. Since hooking up with her, Lewis has been partying wildly and smoking – a world away from the focus needed to clinch world titles.

Katherine Parkes

Reveal says

'We can't help thinking RiRi will eat Lewis for breakfast!'



The flame-haired star was smoking and taking selfies

Please Don't Stop The Music! Ri and Lewis danced all day



Man Down? The fun left Ri looking all partied out



Every inch the carnival queen, Ri even had a bejewelled cup





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www.starbucks.co.uk/discoveries

IS THAT YOU, ALEX?

Known for his muscular physique and chiselled good looks, Alexander Skarsgård recently shocked fans at the San Francisco premiere of his new movie, *Diary of a Teenage Girl*, when he turned up in full drag!

Swedish star Alexander, 38, who's dating our very own Alexa Chung,

wore a sparkling floor-length golden gown paired with a large blonde wig, high heels, and a dark red lipstick for his feminine red carpet debut.

And while it's not immediately clear why the *True Blood* actor switched genders for the night, we can't help but think he makes a gorgeous gal, too.



Alexander made a dramatic entrance in a floor-length gown

SOFIA'S A DRAG

With her stunning looks and hot fiancé you'd think Sofia Vergara has little to feel insecure about.

But, in a recent interview, the actress, 43, revealed she doesn't always feel so positive.

'Sometimes I look in the mirror and think I look like a drag queen,' Sofia said. 'I'm a woman, but I'm very exaggerated with my boobs, my ass, how I do my make-up, and my accent, of course.'

The *Modern Family* star, known for her curvaceous figure, also laughed off comparisons to Kim Kardashian West, who she is regularly pitted against in 'hottest women' polls.

'She should be upset she's up against me. I think I beat her once or twice,' Sofia said. 'I've met her at red carpet things and she is just the most beautiful woman anywhere... so somebody is going crazy to put me on these lists.'

We doubt that your fiancé, *Magic Mike XXL* star Joe Manganiello, 38, agrees, Sofia!



Photos: Getty, Instagram, Rex Features, Splash

PINK HAIR DON'T CARE

Embracing the coloured, festival hair trend, Georgia May Jagger, Margot Robbie and Cara Delevingne have all stepped out with enviable pink locks in recent weeks – and we've never wanted coloured tresses more!

While *Suicide Squad* stars Cara, 22 and Margot, 25, rocked a subtle version of the style by opting for an all-over pink wash, Georgia, 23, went for a rainbow effect instead, featuring streaks of magenta.

With this bevy of beauties pulling off the look to perfection, we can't help but crave candy floss locks, too!

Katherine Parkes



Instagram/georgiamajagger



(L-R) Georgia, Margot and Cara are rocking the pink hair trend





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George.
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fashionista

She's bitching her way round town bringing you what's hot, and what's really NOT. Remember, you read it here first

HOLIDAY HEROINE

If you've still got a summer holiday to look forward to – first of all, that's not fair! Good timing, though, as this week sees the launch of Topshop's fifth 'Key to Freedom' collection, supporting the Women's Interlink Foundation (WIF). Working across West Bengal in India, it helps vulnerable young women develop the sewing and textile printing skills to enable them to earn a living and gain independence. Each kimono, make-up pouch, weekend bag and sarong is hand-crafted from the finest silk and cotton, and signed by the woman who created it. Best of all, Topshop will donate all profits to 'Key to Freedom' and WIF. So, while you're posing with a Margarita, you'll be helping someone out of poverty. Now that'll give you a holiday glow like nothing else.



£65



£35

£22

All available instore and online at topshop.com from 13 August

MY BLUSH CRUSH

I'm all for make-up that looks as pretty on my dressing table as it does on my face – take Too Faced Love Flush Blushers, £25 each. The pink hues make cheeks look more radiant than Millie Mack on a health kick, while the bronzes are your shortcut to sun-kissed. Swoon!



THE WRIGHT STUFF

Hot on the heels of her last sell-out collection, Michelle Keegan's latest range for Lipsy is full of lustworthy must-haves for autumn and beyond. From on-trend Seventies fringing to party dresses that would hold their own at the hottest A-list bash, it's got 'hit' written all over it. Available from August 13.



Top, £42
Skirt, £40, both
Lipsy London
Love Michelle
Keegan



Gown and out

More morning after than night out in what looks like a granny's dressing gown!

WIN A £100 BEAUTY BAG!

Voting is now open for our Reveal Online Fashion Awards! Have your say on everything from the most stylish celebrity to the best holiday shop to be in with a chance of nabbing one of 10 beauty bags, worth £100 each! To enter, head to thissurvey.co.uk/reveal2015.



COUPLES CONFIDENTIAL

Your weekly temperature check on celeb romances

ZOOEY & JACOB NEW MUM AND NEW WIFE!

Zooey Deschanel and her husband, Jacob Pechenik, dealt out two lots of happy news last week, after her rep confirmed that the pair had secretly wed and welcomed their baby daughter in late July.

New Girl star Zooey, 35, originally announced her pregnancy to fans in January of this year, before sharing the news that her and producer, Jacob, had got engaged a week later, after a six-month romance.

While the details of their nuptials and the baby's name are currently being kept under wraps, here's hoping their little one is just as cute and quirky as her mother!



MO & TANIA EXPECTING BABY NO.3



Athlete Mo Farah's wife of five years, Tania, has announced in a sweet Instagram post that the couple are expecting their third child together.

Tania, 27 – already mother to the double Olympic gold medallist's twin daughters, Aisha and Amani, who are almost three – shared a picture of her blossoming baby bump captioned, 'Gained a bit of weight this summer! Looking forward to the next one #farahbabyontheway.' Her hubby then posted the shot to his own account.

Mo is also stepfather to Tania's daughter from a previous relationship, 10-year-old Rhianna.



Best man Ant was joined by his wife Lisa Armstrong

THE ROCKY ROAD OF LOVE



GWYNETH PALTROW, 42

IN 1994, AGED 22, Gwyneth began dating Hollywood hottie Brad Pitt. Three years into their relationship, the pair were briefly engaged, before Gwyneth decided it was too soon to commit. She later said of Brad, 'He was so gorgeous and sweet... I just wasn't ready. I didn't know what I was doing.'



AFTER HER SPLIT FROM BRAD IN 1997, Gwyneth began a relationship with actor Ben Affleck. The pair split in 2000, with Gwyneth explaining he 'was not in a good place in his life to have a girlfriend.'

IRON MAN ACTRESS GWYNETH then enjoyed a string of dates with Chris Heinz, the heir to the Heinz empire, in 2000. While he tried his best to impress her, even flying her to London for their first date, it seems his charms failed to entice her, because they ended things just a few weeks later.

ASHLEE & EVAN ROCK-STAR DAUGHTER



Singer Ashlee Simpson has given birth to a baby girl named Jagger Snow Ross. Ashlee, 30, and her husband (and son of Motown legend Diana Ross) Evan Ross, 26, have stayed true to their musical roots by naming their daughter after the Rolling Stones frontman. Announcing the happy news on Instagram, the sister of Jessica Simpson wrote, 'We are overjoyed about the birth of our precious baby girl Jagger Snow Ross, July 30 2015'. The songstress is already mother to six-year-old Bronx Mowgli, by Fall Out Boy bassist Pete Wentz.

DEC & ALI SHOWBIZ WEDDING OF THE YEAR!



The celebrity weddings have just kept coming this summer, but when it comes to the all-important guest list, ITV presenter Declan Donnelly's marriage to Ali Astall was a standout. Famous faces included Holly Willoughby, Marvin and Rochelle Humes, Fearne Cotton, Tess Daly and Vernon Kay, among others. The popular couple were even blessed by none other than Prince Charles, who wrote them a heartfelt letter to be read out, while Dec's brother Dermot, a priest, gifted them with a framed blessing certificate from the Pope!

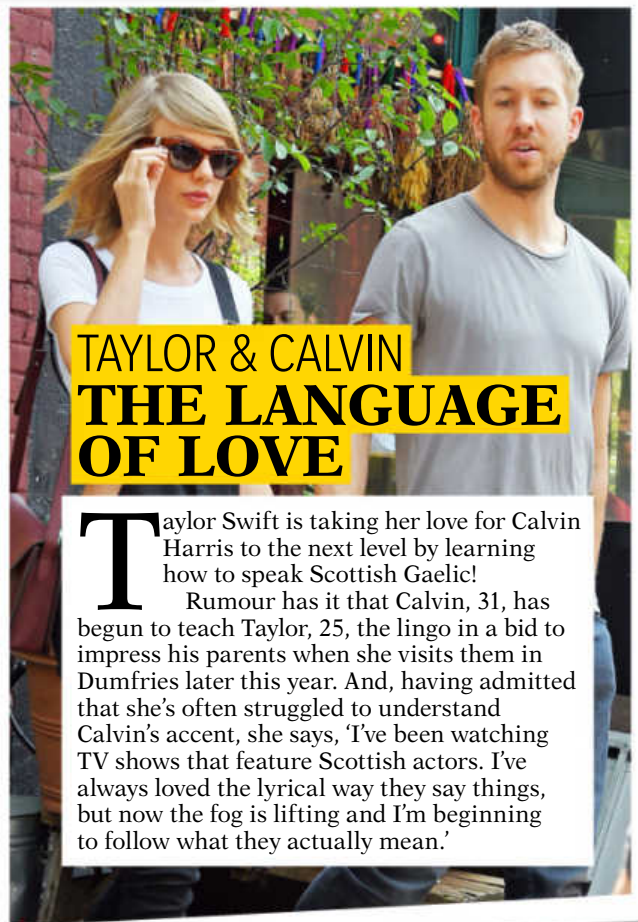
The groom, 39, looked dapper in blue as he wed his gorgeous manager Ali, also 39, at St. Michael's Church in Elswick, Newcastle.

Alongside him was best man and sidekick Ant McPartlin, who said after the service, 'It was very emotional.' And it seems Dec shared the sentiment, waltzing his way out of the church and treating guests to an excited victory dance!



Fearne Cotton and Holly Willoughby upped the glamour quota

TAYLOR & CALVIN THE LANGUAGE OF LOVE



Taylor Swift is taking her love for Calvin Harris to the next level by learning how to speak Scottish Gaelic!

Rumour has it that Calvin, 31, has begun to teach Taylor, 25, the lingo in a bid to impress his parents when she visits them in Dumfries later this year. And, having admitted that she's often struggled to understand Calvin's accent, she says, 'I've been watching TV shows that feature Scottish actors. I've always loved the lyrical way they say things, but now the fog is lifting and I'm beginning to follow what they actually mean.'

Photos: BDV/Corbis, Buzz Foto/REX Shutterstock, Getty, Globe Inc./Jonathan Hordle/REX Shutterstock, Instagram, Sara Jaye/REX Shutterstock, Michael Kovac/Getty, Rob Latour/REX Shutterstock, MCPIX/REX Shutterstock, Mirrorpix, Charles Sykes/REX Shutterstock, Xposurephotos.com



GWYN'S NEXT ROMANCE was with her Royal Tenenbaums co-star Luke Wilson (younger brother of Owen), whom she dated for a year. The reasons for them going their separate ways are unknown.

LATER THAT YEAR, and just three weeks after her beloved father's death, Gwyn met Coldplay frontman Chris Martin, who she wed just over a year later, in 2003. The pair split after 11 years together, but vowed to remain close friends for the sake of their children Apple, 11, and Moses, nine.



IN AUGUST 2014, five months after announcing her split from Chris, Gwyn began dating Glee co-creator Brad Falchuk. The couple have most recently enjoyed a romantic Italian trip away, where the loved-up pair couldn't take their eyes off one another. Aww!



Katherine Parkes

'OF COURSE I'M HOPIN *a sex sce*

Former *X Factor* winner and *Coronation Street*'s hot newbie Shayne Ward talks steamy snogging, first day nerves and turning down Take That...

We always get a little bit excited when a new character pops up in the *Rovers Return*, but we practically wet ourselves with excitement when we found out that brooding former *X Factor* winner Shayne Ward would be joining *Coronation Street* this summer. Major swoon!

But how does a singer, who was more recently known for his stage role in West End musical *Rock Of Ages* in 2011, come to gain a much sought-after part on one of the nation's best-loved soaps?

It seems Shayne, 30, was just as confused as us!

'My name was first associated with *Corrie* on Twitter and it went from there. I thought I was being confused with Sean Ward (who plays Callum Logan), but a few days later producers called and asked if



Shayne won the nation's heart on *X Factor* 10 years ago

I would like to audition,' Shayne says, clearly still in disbelief at his stroke of luck.

He makes his first appearance this week as Michelle Connor's (played by Kym Marsh) distant cousin, Aiden.

'Aiden is a lovely guy,' Shayne tells us.

'He's got charm, charisma, and he's confident but not cocky with it. He's very family-oriented, too, a lot like myself.'

'It's a much bigger part than I first anticipated. I've gone straight into one of the show's most established families. I feel blessed in that sense but of course I also

feel under pressure.

'Kym [Marsh], and Alison [King, who plays Carla Connor] have been very welcoming. And if anyone comments that I'm s**t on social media, I'll just be pressing the block button.'

ON-SCREEN ROMANCE

Call us shallow if you wish (or just honest), but what we really want to know is when Shayne will be whipping off his T-shirt (which on the day of our interview, FYI, is a cream velour number which accentuates his bulging biceps).

Luckily, Shayne is refreshingly down-to-earth, and not-so-secretly hoping for some on-screen hanky panky, too...

'As soon as I started, I said to the producers, "Just please tell me when I'm going to get jiggy with someone." I want to make sure I have enough time to get down to the gym, as they're bound to ask me to get my abs out,' Shayne says.

'But don't expect me to look like a throwback Peter Andre in his *Mysterious Girl* video. I love a Chinese takeaway!'

He adds, 'I'm not complaining, of course I'm hoping for a sex scene. I'm 30 years old, I'm a young fella!'

GARY BARLOW'S BOMBSHELL

There's no doubt women will be forming an orderly queue to date Shayne once he makes his debut.

The Manchester-born singer, who won over the hearts of the nation during the 2005 series of the *X Factor*, is single after splitting with his fiancée of 10 years, Faye McKeever, in March last year – but says he isn't ready to move on just yet.

'I'm not looking to get into a relationship anytime soon. I'm just not in the right frame of mind at the moment, but I'm definitely looking forward to a few nights out,' he says.

His heartthrob status and the accolade of winning *The X Factor* also nearly landed Shayne a place in boyband Take That – a fact revealed in frontman Gary Barlow's



We're holding our breath for a shirtless appearance!



The heartthrob is set to play charming Aiden

Twitter/@shayneward

G FOR *me!*

autobiography, *My Take*.

'I didn't believe it at the time,'
Shayne says.

'A mate of mine called and told me
he was reading Gary Barlow's book on
the loo,' he laughs.

'Which I thought was odd until he
told me I had been considered to replace
Jason Orange when he left. It was such
an honour but, even as part of the
band, as a huge fan I would have
missed the original line-up.'

EVERYDAY HERO

Away from the limelight,
Shayne dodges showbiz
parties in favour of caring
for his mum Philomena,
who recently suffered
a stroke.

'I worship the ground
my mum walks on,'
Shayne confesses.

'I'll be bringing her on
to the set with me once
she's better. She's a huge
fan of the show and keeps
on trying to get storylines
out of me!'

Lauren Hills

The singer
'worships the
ground' his
mum walks on



**Reveal
says**

'We can't wait to see
Shayne sexing up
the Street!'

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'DEAN MAKES MY LIFE POSSIBLE'

What's it like to rely on your loved ones to care for you? Since being diagnosed with motor neurone disease two years ago, Ailsa Malcolm-Hutton has found out...

The first person I called when I got the news was Dean. Though we were no longer together, I'd loved him for years, and our six-year-old daughter Isabella was the unbreakable bond between us.

As I told him what the doctor had told me, I still couldn't believe it.

I had motor neurone disease (MND), a progressive, incurable condition that attacks the nerves in the brain and spinal cord.

Little by little, it would claim my ability to move my muscles until I'd no longer be able to blink my eyes or breathe for myself. I was 30, and I had between two and five years to live.

I knew I could rely on Dean if I was ever in need, but I'd never imagined that he would become my full-time carer, giving up his job to do the things that my body can no longer do.

I was working part-time behind the bar in my local, The Trevor, in Manchester, when it began. I tripped in my high heels and banged my right arm and couldn't move my thumb at all. But, the next day, my right thumb was fine, and my left one wouldn't move. It didn't make sense. I seemed to have a rogue injury, travelling around my body.

Over the next few days, I had cramps in my arm. Then I couldn't pick up a glass at work, or do Isabella's hair for school.

Eventually, I was referred for tests and, in July 2013, I got the crushing diagnosis.

My mind raced forward to all the things I'd miss. I wouldn't see Isabella grow up, drive a car, meet her boyfriends, watch her get married or hold my grandchildren.

After speaking to Dean, I sat alone in my garden, crying in the pouring rain. By the time I went back inside, I was soaked to the skin. But the tears had gone. "I'm done



Ailsa, left, in 2013. Above, making memories with partner Dean; below, with daughter Isabella

with crying," I told my mum, Annette, 72. "I'm going to fight this."

I wanted to be strong for my daughter. To look to the future, instead of dreading what tomorrow might bring.

Dean suggested that we take Isabella to Disneyworld together that November. It was wonderful to see her eyes light up.

But there was something else, too. Dean and I were growing closer. He said my diagnosis was a wake-up call. "I've missed you," he said. I knew just what he meant.

We decided to give our relationship another go. It was exciting – but scary. I was worried how Dean would cope with

the challenges we were facing.

The disease progressed quickly. My balance was failing and my beloved stiletto shoes had to go back into the wardrobe for good. I began needing more hospital aids around the house, like a seat in the shower and a rail on the stairs.

I became very tired, and some days were a real struggle. I had to give up work and couldn't drive, so I relied on Dean more and more. It was frustrating.

My hands and upper arms went first. When I couldn't even hold a pen, Dean took over responsibility for all our bills and paperwork.

Earlier this year, my speech began to fail, too. And now I can no longer walk – I need someone to push my wheelchair.

Dean has been wonderful. He lifts me in and out of the car, bed and bath, and recently he's started to feed me, as I can't cut food up or lift it to my mouth.

Officially, he's my carer for 14 hours a week. In reality, it's 14 hours a day. It takes two hours just to get me out of bed. He juggles all my needs alongside Isabella's.

I need a long list of house adaptations but we can't afford any of it, especially as Dean had to give up his job to care for me. The financial stress is hard to deal with.

With the more intimate care, my mum helps out. Though Dean will do anything, I don't like him seeing my body – I've put on so much weight since I became ill.

Sometimes it's embarrassing, of course. It's hardly the kind of relationship I wanted for us. And I worry how Dean is feeling. He's only 31, and it's a huge commitment. But he has never, ever made me feel guilty.

I don't feel sorry for myself. I was always a pretty tough person, before I became ill, and I want to hang on to that.

I work with the Motor Neurone Disease Association, to help raise awareness, and Dean and I have packed so much into the last two years, creating as many memories for Isabella as we can.

Despite it all, I know I'm lucky. There is a new level of trust between us, which you just wouldn't get in a normal relationship. Dean is my arms and legs – when my body lets me down, I know he never will.

Joe Cusack and Su Karney

IFE
e'

Dean, Ailsa's partner
and father of Isabella,
cares devotedly for them
both around the clock

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Wear next season

MARNI



COLOUR-POP SNAKE PRINT

Spotted on the catwalk at Marni, snake-print arm-candy is key for autumn – and it's all about the coloured styles. Update your summer LWD with this patchwork beauty from Dorothy Perkins, with a pair of must-have knee-high glads.

» Bag, £28, Dorothy Perkins



Wear with...

» Dress, £40, Topshop

ADAPT FOR AUTUMN/WINTER WITH A POLO NECK AND KNEE-HIGH BOOTS



» Sandal, £35, ASOS



AUTUMN BUY

Wear with...

» Bag, £32, Pieces at ASOS

SWAP FOR A CLOSED-TOE, OVER-THE-KNEE STYLE WHEN IT GETS COLDER



» Shoe, £60, River Island



PRINTED PUSSY-BOW

The 70s trend is continuing into next season, and with it comes the classic pussy-bow dress. Go for a printed style like this star frock, and wear it now with bare legs and open-toe boots.

AUTUMN BUY



» Dress, £35, H! by Henry Holland at Debenhams

son now!

It may still be summer, but autumn pieces are already dropping on the high street. Here's how to get ahead and wear them now



BURBERRY

SUEDE SKIRTS

Whether it's in a maxi, midi or mini style, the fabric to be seen in this season and next is suede. Look for sleek details like this fringed number on the catwalk at Burberry, or a button-down style like this maxi skirt from Primark. No need to opt for real suede, either – suedette is a more purse-friendly way to get the look.



Skirt, £15, Primark

Wear with...

Top, £14, very.co.uk



SWITCH TO A ROLL NECK JUMPER AND LACE-UP BOOTS FOR NEXT SEASON

Sandals, £26, Topshop



AUTUMN BUY

EMBROIDERED DETAIL

Pretty stitching gives a boho twist to classic styles. Go for a delicate sprinkling like this Oasis funnel-neck top, or go all over for the ultimate hippie-chic look. Match this top with a colour-block skirt and heels for a summer night, and add a sleek suede jacket and boots for next season.



Top, £30, Oasis

Wear with...

Skirt, £18, Dorothy Perkins



Shoes, £50, Next



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VALENTINO

FOLK PRINTS

Clashing bold colours with mirrored sequins and symmetrical prints is the new way to do folk in style. Take inspiration from Valentino and go for a statement piece like this mini skirt. Style it up with a contrasting top and embellished sandals for summer.



Skirt, £29.99, Pull & Bear

Wear with...

Top, £22, Miss Selfridge



SWAP TO TIGHTS AND ANKLE BOOTS FOR NEXT SEASON

Sandals, £25, ASOS



AUTUMN BUY

LEOPARD FLATS

Heels are taking a step back next season – instead, look out for the show-stopping flats that'll be all over the high street. The print of the moment is leopard, and pony-hair styles get extra style points. Team with your summer dresses for now and add them to your winter knits and jeans later.

AUTUMN BUY



Shoes, £45, Next

Wear with...

Jumpsuit, £55, Topshop



Shoes, £45, Miss Selfridge



AUTUMN BUY

Hat, £19.99, H&M



TOUCH OF GREY

A grey fedora hat is a key chic accessory to add to any outfit. Wear it with your summer florals and 70s-style heels for now, then pair it with layered knitwear and a faux-fur coat just like on the catwalk at Ralph Lauren.



RALPH LAUREN

Wear with...

Bag, £39.99, Zara



Dress, £37, very.co.uk



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DENIM CULOTTES

Culottes have been a wardrobe must-have for spring/summer, and they're keeping their fashion kudos for autumn. Warmer fabrics like denim are perfect for autumn, but the baggy style means they'll still keep you cool in summer. Team with a printed Tee and sandals for now, and add layers and mid-calf boots for next season.



› Culottes, £32, Simply Be

AUTUMN BUY

Wear with...



› T-Shirt, £25, Limited London, M&S



› Sandals, £35, Office

Wear with...



ADD A PRINTED MAXI COAT FOR AUTUMN, JUST LIKE ON THE CATWALK

› Top, £28, Miss Selfridge

› Shoes, £29.99, Zara



BLUSH TONES

Pastels are moving into autumn, with blush being the key colour. Spotted on the catwalk from Prada to Mother of Pearl, the way to wear it is tailored. Toughen up with D-ring details, like these Lavish Alice trousers, and team with a khaki crop top and multi-strap heels.

PROENZA SCHOUER



Wear with...

› Shorts, £36, Topshop

› Shoe, £65, Aldo at ASOS



GO FOR A HIGH-WAISTED, WIDE-LEG TROUSER WHEN IT GETS COOLER



› Top, £29, rarelondon.com

EFFORTLESS EYELETS

Key for autumn/winter is the eyelet detail on anything from dresses to crop tops. The catwalk saw all-over eyelets, but the high street has gone for a subtler look, with styles like this halter top featuring a single hole. Wear it with shorts and heels for an effortless evening outfit.

AUTUMN BUY

MOTHER OF PEARL



› Trousers, £48, lavishalice.com

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Rylan's DREAM CBB HOUSEMATES

Former Celebrity Big Brother winner and Bit On The Side host Rylan Clark tells us who he'd love to see in this year's house

RYLAN SAYS: *CBB* isn't always about the most famous person, it's all to do with who's the most interesting character. This year it's the UK versus USA, so there should be plenty of varied personalities. I've learnt that everyone changes in that house, so you really can't predict anything. Here are my dream housemates...

HEIDI MONTAG & SPENCER PRATT

I was in the house with 'Speidi' in 2013, and living with them was hell. But, looking back, they really made the show. It was a case of me versus them, but, if they hadn't been in there, it would've been a boring, but nice, house. Americans always cause controversy, so let's get them in!



JOAN COLLINS, NAOMI CAMPBELL & KATE MOSS

Because they are megababes and proper divas – I just want to see them rip each other's wigs off! Kate's single now, so I'm sure we could set her up with someone in there. For me, Joan Collins would be the ultimate housemate – and I mean Joan Collins the legendary actress, not Gemma Collins from *TOWIE*'s mum [she's Joan, too!].

ZAYN MALIK & PERRIE EDWARDS

This could work – stick them in the house, get them back together! I see the Little Mix girls often and the split is a shame, but this is why I don't have a relationship in the public eye. Going through a break-up privately is hard enough, let alone in front of the cameras.

TAYLOR SWIFT & KATY PERRY

That would be just epic, wouldn't it? There's plenty of beef between the girls, so I'd love to see how that pans out. Sadly, I'm not sure we have the budget, but it would be great TV!



NOEL & LIAM GALLAGHER

Let's see what's really going on between the Oasis brothers. Do they actually go home to their mum's together on a Sunday? I reckon they secretly get on... but there's only one way to find out!



Check out Rylan's new campaign at thatsbella.co.uk/whatsyourflavour

MAKE YOUR GLOW LAST



BEFORE YOUR BREAK

You wouldn't expect your mani to have mileage without the proper prep, so take the same approach with your summer glow, too. Your bod will cling on to a tan better if you blitz dead skin cells first.

Get into the habit of regular exfoliating, using **St Ives Invigorating Body Scrub, £5.49 (1)**. Combine this with a daily application of **James Read Tan Accelerator, £25 (2)**. Created by top model Rosie Huntington-Whiteley's very own 'fake tan man,' the lotion has a hint of the fake stuff while boosting your skin's natural tanning abilities and delivering a subtle faux glow.

TO MAKE IT OR FAKE IT?

It's tempting to spend your week on the sun lounger, but those in the know say... don't! 'When colour appears after sun exposure – whether brown, pink or red – it's a warning sign that your skin's becoming damaged,' explains skin expert Jill Zander.

Instead, sip cocktails in the shade, then fool everyone with a nightly application of **St Tropez Gradual Tan In Shower Lotion, £14.50 (3)**. Just slather on to wet skin, then rinse after three minutes.

If you really can't bear to whack the sun umbrella up, pile on the protection. Try **Nivea Sun Protect and Bronze Tan Activating Protecting Oil, £8.99 (4)**.

DURING YOUR GETAWAY

Whichever route you choose, 'hydrate, hydrate, hydrate' should be your mantra. 'Dry skin won't retain a tan, whether natural or fake,' explains celebrity tanning ambassador for Sienna X James Harknett. 'Planes are one of the most dehydrating environments of all, so it can feel like your colour's vanished as soon as you're home.'

'Glug plenty of water, and pack on a deeply moisturising after-sun every evening, to keep your glow on lockdown,' advises James. Lucy Mecklenburgh's favourite, **Lancaster Tan Maximizer Soothing Moisturiser Repairing After Sun, £22, (5)**, works a treat.

There's no need to leave that sun-kissed look at the airport. We've got the inside secrets for making your tan – real or fake – last longer



WHEN YOU'VE BEEN BACK A WEEK...

Your hair's no longer sea-soaked and you've stopped eating ice cream for breakfast... but keep loading up on that moisture! If you're all out of after-sun, use an ordinary moisturiser instead. **Sienna X Radiance Body Balm**, £12.95, (6) gets James Harknett's vote.

'And try to avoid waxing, shaving or hair removal cream (these are all particularly skin-stripping). Use an epilator or electric shaver instead,' James adds.

A shimmering product will put back that dreaminess if things are looking

lacklustre. **Dirty Works Shimmer Lotion**, £4, from Sainsbury's (7) is beautifully luminous. Dust **Barry M Afterglow Bronzer**, £5.69, (8) across your cheeks.

TWO WEEKS LATER...

Our top layer of skin sheds every fortnight which means, by now, your golden hue will have all but vanished. The fix? Hit the (bronzong) bottle!

Sienna X Gradual Glowing Self Tan, £15.95, (9) feels ultra-luxurious and isn't streaky or greasy. Just pop it on before bed and wash off again in the morning.

Amber Ascroft



BRIGHTER BLONDE



Prime, tone and shine with the new 3 step regime

Touch Of Silver's **active violet pigment** instantly banishes brassiness and visibly enhances blonde hair. For a **brighter blonde in just one wash**.



#BrighteningYou | touch-of-silver.co.uk

PRO:VOKE
PROFESSIONAL HAIR CARE

**TOUCH OF
SILVER**

What's in my make-up bag?

Amy Willerton

We caught up with I'm A Celebrity babe Amy Willerton in Ibiza to find out her must-use products and why she loves them...

GARNIER SKIN PERFECTOR DAILY ALL-IN-ONE BB CREAM IN MEDIUM, £9.99

I like to keep my daily make-up really minimal and subtle, so I always wear a high SPF BB cream as my base. I hate a powdery look, so I use blotting papers when shine creeps in.



TOO FACED BRONZED AND PORELESS BRONZER, £25, DEBENHAMS

Everyone loves to look sun-kissed. This works brilliantly as a bronzer or blush.



MAYBELLINE LASH SENSATIONAL MASCARA, £7.99

This makes my lashes look huge! I don't like clumpiness and I want it to look as if I have amazing lashes, rather than amazing mascara, so this one does the trick.



ESTÉE LAUDER PURE COLOUR ENVY SCULPTING LIPSTICK IN DYNAMIC, £25

Nude shades work best on me, and I love Estée Lauder lippie, as it's super-moisturising. But I only wear lipstick on a night out. During the day, I stick to Vaseline Rosy Lips, £1.95.



SIMPLE KIND TO SKIN FACE WIPES, £3.25

I had severe acne in my teens, so my skin is sensitive. I find taking off my make-up every night is the best way to keep my skin clear and blemish-free.



NO 7 PROTECT AND PERFECT INTENSE ADVANCED SERUM, £24.95

My mum uses this anti-ager and she's so beautiful. I thought, I want some of that! I use it every night and it really helps my skin glow.



SLEEK LIP PENCIL IN BARE ESSENTIAL, £1.99

I've only just got back into using lip liner. I used to try and do a Kylie Jenner-style lip when I was younger. I stopped because it started to look silly, especially when you try to reapply without a mirror and you end up drawing all over your face!



OPI NAIL POLISH IN IS MAI TAI CROOKED, £12.50

I've started painting my own nails, because gel manicures were damaging them. I like OPI, as the variety of shades is great and I prefer to stick to one brand, as I'm a little OCD and display all the bottles in my bathroom. I love orange and coral colours for the summer.



Amy at the Lipsy party, Ocean Beach, Ibiza



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I feel unstoppable.*



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PROFESSIONAL. AT YOUR FINGERTIPS.

Amber on...

Kim's magic make-up tricks

A flawless face is Kim Kardashian West's trademark, but these new pictures show the incredible trickery behind her look. A top celebrity make-up artist explains

1. HER INSTANT 'FACELIFT'

'Kim's make-up artist, Mario Dedivanovic, is known for his unbelievable sculpting skills,' comments Lauren Newman, who's worked with Lucy Mecklenburgh and The Saturdays. 'He's started with his usual contouring technique – applying a dark bronzer in the hollows of the cheeks,' she explains. But it's Mario's concealer application that's really impressive. 'He's applied it above and below the bronzer – that contrast between light and dark makes Kim's face look slimmer and more chiselled. 'Notice where the concealer ends, in a diagonal line reaching from her outer eye towards her hairline. It enhances her beautiful almond eye shape while giving a kind of mini-facelift effect!' Lauren reveals. 'And pink blush on the apples of her cheeks makes them look fuller.'

2. SLIMMER NOSE

Mario's been smart with the concealer on Kim's nose, too. 'By alternating light and dark, he's made it look narrower in seconds. There's

a stripe of concealer down the centre, followed by a line of bronzer down the sides, and some more concealer right at the edges,' Lauren comments.

3. BRIGHTER EYES

We're used to seeing Kimmy working dark, smouldering peepers, but this colourful hue is a genius choice. 'Blue is stunning on brown eyes,' reveals Lauren. 'Mario's traced a black pencil along her waterline to make the whites of her eyes look brighter, too.' A dab of highlighting powder at the inner corner completes the 'I've slept for eight hours' effect. And those lashes? 'A mixture of long and medium-length individual falsies creates that feathery finish,' the expert says.



4. FULLER LIPS

The Kardashian clan know all about a plump pout, but these snaps show there's some wizardry behind Kim's. 'There's a dark lip pencil around the edges, followed by a slightly lighter lipplie all over, and a dab of concealer in the centre. Known as a "3D lip", this technique makes lips look poutier in a flash,' Lauren tells me.

Gosh Velvet Touch
Matt Lipstick in
Matt Plum, £6.99

Beauty UK Ultimate
Contour Palette, £5.99

Ardell Individual
Lashes, £5.49

MAC Eye Shadow
in Atlantic Blue, £13

Barry M Lip Liner
in Wine, £2.99

Get the look

BOOHOO.COM

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£30

£18

NEW LOOK

£14⁹⁹

£7⁹⁹



£34⁹⁹



£22⁹⁹

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RIVER ISLAND

£45



£42



Patchwork = hot trend!

£75



£45





▶ Playsuit, £20,
boohoo.com
▶ Bag, £16,
boohoo.com
▶ Heels, £85, Dune

MARKS & SPENCER



£39⁵⁰



£39⁵⁰



£99



£32⁵⁰

ZARA



£25⁹⁹

£25⁹⁹



£29⁹⁹

£69⁹⁹



TU @ SAINSBURY'S



PEACOCKS



MISS SELFRIDGE





- Top, £22.99, Zara
- Trousers, £25.99, Zara
- Bag, £35, Lipsy
- Heels, £45, River Island

OASIS

£45

layer over a
polo neck



£69

£12



£22



NEW!

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Our only compak that fits your shape
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NEW! TAMPAX
Compak PEARL



*vs. Tampax Compak

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Dr Phil

TV's Dr Phil Hammond answers your questions and gives it to you straight on the big health issues

DOCTOR INTERNET

I often get an online diagnosis when I'm sick, but how accurate is it likely to be?

Martha, Derby

You should never rely on it, but a symptom-checker can help you decide how quickly you should seek help. Research showed that the NHS Choices symptom-checker identifies emergency and urgent conditions in 87% of cases. This is better than Googling the symptoms, which has a 64% success rate. However, you should see a professional, who will be able to confirm the diagnosis and start you on the right treatment. If you're in any doubt about the diagnosis, ask 'what else could it be?' and 'how would I know?'



Trust me – I'M A DOCTOR

Why is the survival rate so bad for those with cancer of the pancreas?

Catherine, Leeds

Only 1% of people diagnosed with pancreatic cancer are alive 10 years later, because the pancreas is tucked away, and any cancer has usually spread by the time it's picked up. This makes it far harder to remove by surgery. On a positive note, researchers are working on a new test that picks up tiny droplets of fat that are made by pancreatic cancer cells – they have a protein that's not made by non-cancerous cells. This means we may one day have a test that can pick up the cancer more quickly.

THE sex QUESTION

BEDROOM BOREDOM

I've been married barely a year and our sex life has already tanked. Is that normal?

Hannah, Bristol

It depends what you mean by 'tanked'. The number of times you have sex halves within a year of marriage but, as you get to know each other, the quality can improve, even if the desire is not what it used to be. Sex is very good for your physical and emotional health. You can survive without it, and on meagre rations, but if you're thinking of looking elsewhere, talk it through with your partner before you do. Counselling and sex therapy are usually a lot cheaper and more successful than divorce.

DR PHIL SAYS: 'Most men don't grow up before the age of 25, and some never do.'

NOT THE FAINTEST IDEA

My young daughter faints in the hot weather. Why is that?

Rebecca, King's Lynn

The commonest cause of fainting is low blood pressure. This can happen if you've been sitting or lying down for a while and suddenly stand up. It's also more likely to happen in hot weather because you get dehydrated. So make sure your daughter drinks plenty of water and avoids direct sunlight. If she feels lightheaded, sit her down with her head between her knees. If she faints, put her in the recovery position and when she comes round, give her a drink and don't let her get up too fast. If it persists, get her checked out.

ASPIRIN AID

I've heard about the health benefits of aspirin. Should I take one a day?

Anna, Nottingham

It's your choice, but most people will live just as long without taking the aspirin, which can sometimes have side-effects such as indigestion and bleeding. Still, if you're at high risk of heart disease, stroke and certain cancers, it may be worthwhile. If a thousand 60-year-olds take an aspirin a day for 20 years, 980 get no benefit, 17 have longer lives and 3 are killed by the drug. Do you feel lucky? Or might you just be better off eating healthily and taking some exercise?

HAVE YOU GOT A QUESTION FOR DR PHIL? EMAIL HIM AT dr.phil@revealmagazine.co.uk

FOR DR PHIL'S TOUR DATES AND BOOK, STAYING ALIVE, GO TO drphilhammond.com Dr Phil regrets that he cannot reply to emails personally

FOLLOW DR PHIL ON TWITTER @drphilhammond. FOR MORE DR PHIL NEWS, GO TO drphilhammond.com

WIN YOUR Dreams!

Accountant **Joanne Halsy** from **Burnley** reveals how it felt to win the holiday of a lifetime with Dream Bingo...

Why did you join the Dream Bingo site?

I joined because of the variety of games on offer and the general look of the site.

What do you like about it?

There's always something going on or new games to try, and you get lots of updates on what's happening.

How would you describe Dream Bingo?

Fun, lively, full of friendly people and lots of opportunities to win.

What is your favourite slot on the site?

I like the one with 243 ways to win best, so something like *Cool Wolf* or *Mystic Dreams*.

How did you find out you'd won your luxury family vacation and how did it feel?

I had two missed calls and a text message on my phone from Claire [Dream Bingo team member] asking me to ring back. I was parked in an Asda car park when I called and really couldn't believe the news – it was amazing! She said I shouldn't start driving again until I'd calmed down, which took about half an hour! I actually thought I might have won some perfume or something – never in a million years did I think I'd win the star prize! It was a complete shock, albeit a very pleasant one.

Where are you jetting off to and who will you be taking with you?

We have chosen Cancun in Mexico. I'm taking my mum, Jean, my son, Paul, my daughter-in-law, Sally, and the newest addition to our family, baby Clara, who is five weeks old.



What does winning this prize mean to you?

An immense amount. With Paul and Sally having just had the baby, they had no money for a holiday this year, and my mum had just cancelled hers due to a family illness. So to be able to tell them I'd won, and that they could all come with me, was incredible.

What had been going on with you in the months leading up to your win?

Just the day before, I'd been told I needed a whole new central heating system, so it was the perfect time to hear such wonderful news! It really has brought a smile to everyone's faces.

Were you planning any big family trips before you won?

No, definitely not. With Clara's imminent arrival, it would have been a couple of years before Paul and Sally could afford anything as exotic as this trip.

Do you play any of the other big bingo games?

No. I don't tend to play bingo, but I've seen some photos of other excited winners on the site.

How did it feel to see the team at your door?

Aww, everyone was so lovely! It was a real party, with champagne and lots of nibbles in the big picnic basket the team brought with them. And the banner in the garden caused a bit of a stir, too! We had a fabulous evening and I still can't thank everyone enough – it's been a total dream come true!

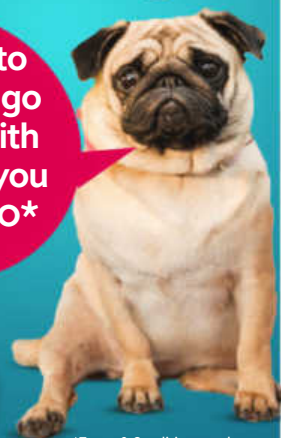
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Dream Bingo

Sign up to Dream Bingo and play with £60 when you deposit £10*



*Terms & Conditions apply, 18+, always gamble responsibly.



Wish you were here!

Sweet & sticky wings

The ultimate snack food is easy to prepare, and finger-lickin' good

Chicken wings are wonderfully versatile, as well as being inexpensive. The key to making them mouth-watering is finding a delicious sauce to coat them in. We've discovered a delicious one that uses cola to create a syrupy glaze. It may sound odd, but trust us, once you've cooked them, they'll become a firm favourite – the perfect finger food to enjoy at any summer party or movie night at home.

COLA WINGS

Popular in the Southern states, these wings are basted and covered with a cola-based BBQ-style sauce. Serve with blue cheese dipping sauce.

Serves 4–6

INGREDIENTS

1.8kg chicken wings, halved at the joints, tips removed
450g brown sugar (light or dark)
2 x 330ml cans of cola
3 onions, chopped
2 shallots, finely chopped
4 garlic cloves, finely chopped
4 tablespoons soy sauce
¼ teaspoon freshly ground black pepper
pinch of salt
2 teaspoons cornflour

→ Preheat the oven to 180°C (350°F), Gas 4.

→ In a medium bowl, combine the brown sugar, cola, onions, shallots, garlic, soy sauce, pepper and salt.

→ Place the wings in a large, deep

Don't use diet or sugar-free cola, you need full-fat for the best flavour!

casserole or roasting dish. Pour over the cola mixture. Bake for 1½–2 hours or until the juices run clear when the thickest part is pierced to the bone. Turn the wings occasionally during cooking, to ensure they do not burn or brown too much.

→ Remove the wings from the dish and set aside.

→ Pour the cola mixture into a small saucepan and heat. Place the cornflour in a small bowl, add some of the warm sauce, and mix to form a loose paste. Pour this back into the

pan with the remaining sauce and cook over a low-medium heat until the sauce has thickened to the desired

consistency. Toss the wings in the sauce and serve immediately with blue cheese dipping sauce.

TIP

This glaze would work just as well on a juicy rack of ribs... Why not give it a go!?



Taken from *Chicken Wings* by Carol Hilker (published by Ryland Peters & Small). Buy the book for the special price of £11.99 including postage & packaging (rrp £16.99) by telephoning Macmillan Direct on 01256 302 699 and quoting the reference GLR EB5.

Ex on the Beach IS BACK!

Set in a stunning villa in Mexico, the sexy summer MTV show is back with its most explosive series yet. We get the goss from the hot new cast...

VICKY FINDS ROMANCE

Vicky Pattison's been through some serious ups and downs when it comes to men. She was famously engaged to her *Geordie Shore* co-star Ricci Guarnaccio, but the relationship broke down after a series of heated rows, and she has since described him as an, 'angry and aggressive little man'.

Then came doomed flings with ice-hockey player James Morgan and *TOWIE*'s Kirk Norcross. Kirk is the reason Vicky is on the show – she arrives as one of his exes, but soon finds romance with East End roofer Stephen Bear.

And now the pair – who can't keep their hands off each other when we meet, and are even caught kissing in a hut at one point – are smitten. While Vicky's yet to make Stephen her boyfriend, it's clear she expects him to behave like one.

'I've found a very handsome man,' says a delighted Vicky, 27. 'We're not official yet. I'm not seeing anyone else, mind – and if he was, I'd set him on fire! He's very cute, and we're very happy.'

While Kirk was relieved at the arrival of his ex Vicky, who he says is a 'good mate', she had a hard time with his ex-fiancée, glamour model Cami Li. 'She really didn't like me,' says Vicky. 'When her and Kirk broke up, we were pictured together a few weeks later. She saw me as the evil next girlfriend, but we managed to sort out our differences and I've discovered she's a really nice girl.'

With the ex drama out of the way, Vicky was free to find new

romance. And in Stephen, who starred on Channel 4's *Shipwrecked* a few years ago, she might have found 'The One'.

'He's really handsome, which you can't deny, but it wasn't necessarily that that made me fall for him,' she says. 'I love Cockney accents and that whole East End thing, and he's just that – an East End cheeky-chappie roofer. He has lovely eyes, doesn't take himself too seriously, he's a laugh and he's very confident. He took the mick out of me, too. I love all those things about him.'

And it seems Stephen feels the same way. 'It's going really well; she's gorgeous.'

So, now they're back to reality, are these two going to make it official? 'We need to have that conversation,' says Stephen. 'We've already told each other we don't want anyone else. I don't want to jinx anything, because we're really happy right now.'



Could Stephen be a keeper for smitten Vicky?



KIRK'S FOUND THE ONE

He had a hell of a time on the show, with his ex-fiancée Cami Li throwing a drink in his face as soon as she arrived – but Kirk Norcross has since found romance. He's settled with model Holli Willis, whom he dated seven years ago, is stepdad to her four-year-old daughter Scarlet, and says he's already planning his future with her.

'I'm madly in love,' says the former *TOWIE* star. 'Holli has a little girl, so it's like a ready-made family – I'm a stepdad now. I was even in the dads' race at her sports day the other week.'

Kirk, 27, said he and Holli reconnected instantly after bumping into each other. 'I've not left her side since,' he says. 'I'll marry her, have kids with her, the lot. Every other relationship I've had, I've had to work hard for it to feel right; this just does.'

Cami, 28, jetted to Mexico to appear on the show as Kirk's ex – and he admits her arrival sparked a whole lot of drama.

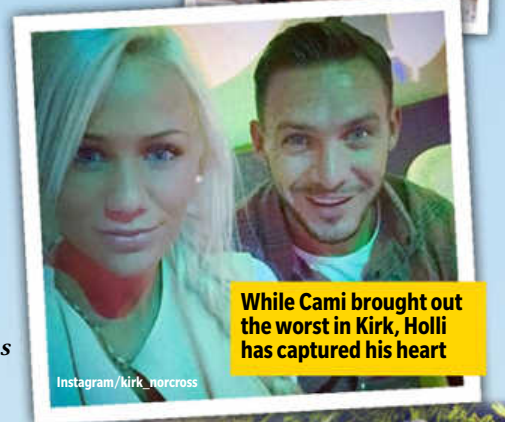
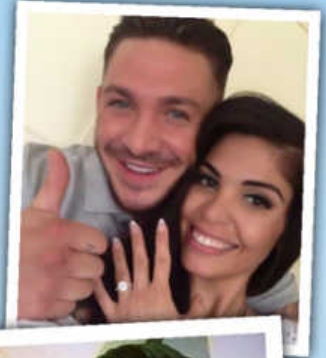
'It was so hard for me, because she really knows how to push my buttons. I ended up being rude and aggressive.'

The pair were forced to talk about their troubles in a task, and Kirk admits it got emotional. 'We made peace, we hugged it out and were both crying our eyes out,' he says. 'But the very same day we rowed again. I hate her.'

Despite all the drama with Cami, Kirk did manage to have fun in the villa. 'I f***ed around in there with two or three girls,' he says. Let's hope for Holli's sake he got it all out of his system!

Kelly Jenkins

The series kicks off on MTV, Tuesday 11 August at 10pm



While Cami brought out the worst in Kirk, Holli has captured his heart

Instagram/kirk_norcross

'KATIE'S KIERAN WILL CHEAT AGAIN'

One of the show's new singles is Laura Alicia Summers. She's a former glamour model who was born intersex (a person with a reproductive or sexual anatomy that doesn't fit the typical definitions of male or female). She's also famously the ex of Kieran Hayler, Katie Price's husband.

And the Manchester babe, 30, has some words of advice for Katie, 37. When asked if she thinks Kieran is happy with the mum-of-five, she said, 'I think guys always look for something more. I don't think any guy will settle – that's my opinion. And Kieran will always be Kieran.'

But she's quick to admit that she admires Katie. 'I get compared to her a lot,' she says. 'I'm flattered in a way, because she's a savvy businesswoman, she's gorgeous and she's phenomenal in the fact that she's raised three – I mean four – kids. See, I've lost count!'



Mr Hayler has always liked a shy, retiring girl



7days

REVEAL'S CARENA
CRAWFORD PICKS THIS
WEEK'S TV HIGHLIGHTS

AMY SCHUMER: MOSTLY SEX STUFF

Woman-of-the-moment Amy Schumer is embarking on her first original one-hour stand-up special – and nothing is off limits! In her candid style, Schumer will air every hilarious, messed-up detail of her dating life, as well as her sex life. We'll hear all about her encounters with unexpected body parts, and listen to details of hate-filled personal grooming appointments. Amy keeps us laughing with her unique brand of frank and fearless comedy.

COMEDY CENTRAL, SUNDAY 16 AUGUST, 10PM



THE SCANDAL LADY

DON'T MISS

Stephen Mulhern narrates *The Saturday Night Story* on ITV, Saturday 15 August at 8pm. From *Gladiators* to *The X Factor*, Saturdays have always showcased the biggest TV shows. This doc features interviews with the likes of Ant & Dec, Alesha Dixon, Amanda Holden and Dermot O'Leary.

Game Of Thrones star Natalie Dormer takes the lead in this costume drama set in the 1780s. It tells the true story of Lady Worsley, first name Seymour, who left her husband – after years of psychological abuse – for his best friend, Captain George Bissett. Lord Richard, her hubby, wasn't happy and decided to take Bissett to court for compensation. But Seymour fought back and exposed all sorts of humiliating facts about their marriage. In a time when, legally, women belonged to their husbands, she was brave, passionate and fought for her freedom, calling into question the whole concept of a woman's 'worth'.

BBC2, MONDAY 17 AUGUST, 9PM



TEEN MOM 2

Chelsea, Janelle, Kailyn and Leah are all back for series six of the show that follows the realities of teenage parenthood. It's explosive, with big custody battles, drug tests and a potential divorce in the works. Can the girls cope with the biggest challenges they've ever faced? They do their best to raise their kids, while maintaining romantic relationships that can often prove more troublesome than having a little one. They balance work and school, but can they manage to preserve anything of their teen years, too?

MTV, WEDNESDAY 19 AUGUST, 8PM



THIS WEEK'S SOAP HIGHLIGHTS

EastEnders



KATHY - BACK IN THE SQUARE?

Kathy turns up at the Arches and begs Phil for his help. When Sharon finds a message on his phone from 'K', she wants to know who it is. They fight over the mobile, and Phil sees he needs to meet Kathy at St Pancras Station, so he lies to Sharon and heads off. She confides in Ian and the pair head off to catch Phil out. Will they see him with Kathy?

EASTENDERS, BBC ONE, MON & FRI, 8PM, TUE, 7.30PM, THU 8.30PM

CALLUM ATTACKS JASON

After a run-in with Callum, Bethany turns to Jason for comfort. When Jase later sees Cal threatening Sarah, he steps in, and gets involved again when Callum and David go head to head. Refusing to be pushed around, Callum gets two of his mates to drag Jason down the ginnel and give him a savage beating. But Max has witnessed the attack...

Coronation Street



CORONATION STREET, ITV, MON & FRI, 7.30PM & 8.30PM, WED, 7.30PM, THU 8PM

Emmerdale



EMMA'S ON THE CASE

As the Bartons and Dingles try to get over the fallout from the wedding, Emma grows increasingly worried for Ross when she finds his phone and suspects something awful has happened to him. Debbie's stunned when Cain admits what he did to Ross, and Emma later questions Cain, too. Emma calls the police, and Pete panics when they reveal they've found a body.

EMMERDALE, ITV, MON-FRI, 7PM

WILL PORSCHE CATCH LOCKIE OUT AT LAST?

It's Porsche's birthday party, but she soon gets too drunk when Reenie tries to hijack the do. A fed-up Lockie writes Mercedes a suggestive text, but accidentally sends it to Porsche. He talks his way out of it but later meets up with Mercy. Unknown to them, Celine takes a pic of them together. When Porsche sees the party photos, will she catch on?

Hollyoaks



HOLLYOAKS, CHANNEL 4, MON-FRI, 6.30PM

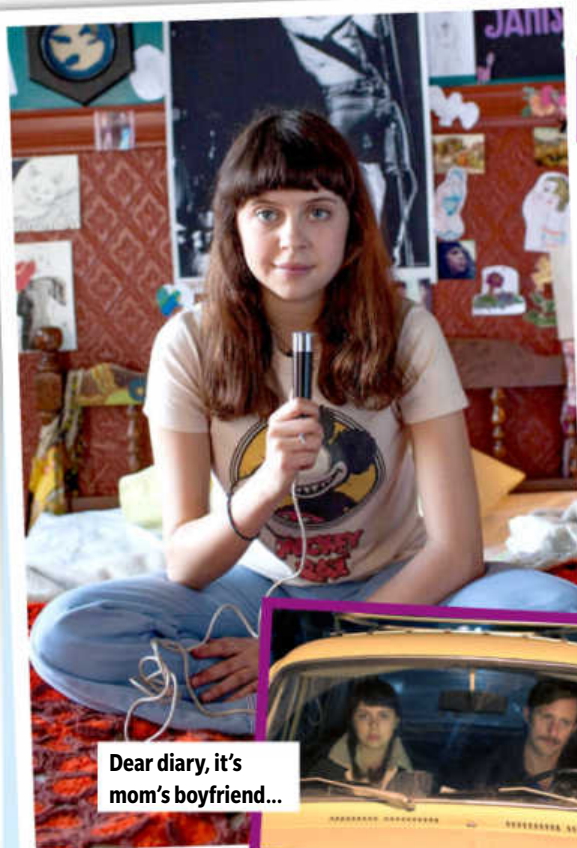
ALOUS W



REVENGE PORN

Anna Richardson is out to prove sexting isn't just a harmless bit of fun, and sending saucy messages can get us in a lot of trouble. When your most intimate photos get in the wrong hands, it can be pretty horrible, especially if the person distributing them is an ex you once trusted. Anna is going to go to extraordinary lengths to prove how a former flame's appetite for revenge can have devastating consequences for all involved. She'll meet people, both in the UK and abroad, who have fallen victim to a scorned ex, as well as anti-revenge porn campaigners and experts, and bravely confronts some of the perpetrators of this very modern form of crime.

C4, MONDAY 17 AUGUST, 10PM



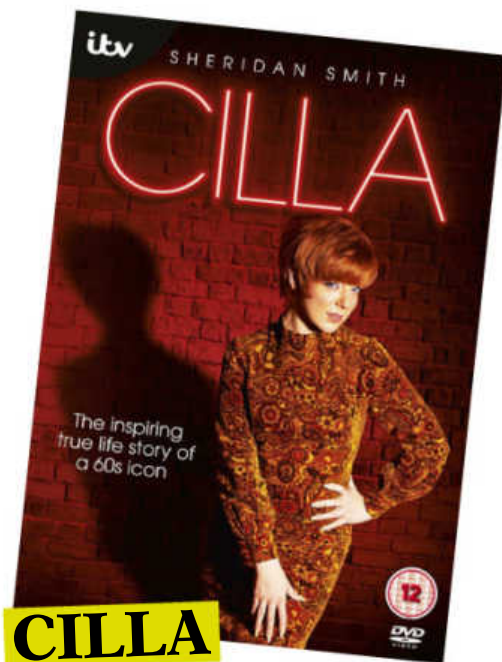
Dear diary, it's
mom's boyfriend...

THE DIARY OF A TEENAGE GIRL

Did you spend your teenage years obsessing over the way you look and wishing you could fast-forward to adulthood? Then you need to see this film.

Set in San Francisco in the 1970s, *The Diary of a Teenage Girl* follows 15-year-old Minnie (Bel Powley), who enters a self-destructive sexual relationship with her mother's boyfriend, Monroe. Played by *True Blood* hottie Alexander Skarsgård, the 35-year-old is every inch the creep you'd imagine him to be – but that doesn't stop Minnie, an aspiring cartoonist, obsessing over him.

With sex, drugs, rock 'n' roll and fabulous 70s fashion, the moving message of this coming-of-age film will stay with you long after you leave the cinema. *The Diary of a Teenage Girl* is out now



CILLA

If you missed ITV's three-part series *Cilla*, starring Sheridan Smith, now is the perfect time to watch it. Taking us back to the late Cilla Black's humble beginnings as a cloakroom attendant at Liverpool's Cavern Club, the 60s-based drama tells the story of her rise to fame before her *Blind Date* days. With an amazing soundtrack and a heartfelt story, the *Cilla* box set is a definite must-have. (amazon.co.uk £6.99).

Photos: NEX

BUZZ-O-METER

What's hot in the Reveal office this week



£90, French
Connection



£95, River Island

£40, Topshop

1970s FASHION

Embrace your inner disco diva or hippie chick – 1970s fashion is oh-so-hot right now. We're talking flared jeans with platforms and Farrah Fawcett hair. Fringed items and statement coats are also a must. Gigi Hadid rocked a 70s-inspired sparkly jumpsuit on the red carpet and Olivia Palermo has been spotted in flares, but you can get the look on a high-street budget. We love this sparkly French Connection all-in-one piece (£90), Topshop's Moto Denim Flares (£40) and this faux sheepskin coat (River Island, £95).

Olivia-Anne Cleary



Gigi rocks those
silver flares

GREAT BRITISH BAKE OFF

This year we're not just watching *The Great British Bake Off*, we'll be getting involved ourselves. That's right, it's time to don an apron, embrace your inner Mary Berry and get baking!

Check out our amazing *GBBO*-inspired recipes on reveal.co.uk. Our current favourite has to be the Velvet Chocolate Torte, but you can't get your bake on without the right equipment, which is why we've stocked up on cute kitchen items from Wilko's Barely There collection.

These cupcake cases and toppers cost £3 and we love this ultra-useful recipe tin, £8.



Reveal classified

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Love it!

Radio 1 DJ **Clara Amfo**, 30, talks her love of trash TV and the moment she landed her dream job



MOMENT?

When I heard I'd be taking over Fearne Cotton's Radio 1 show. It was exciting and scary! If someone told me I'd be doing this now when I joined 1Xtra in 2013, I would have laughed.

SINGER?

At the moment I'm completely obsessed with Janelle Monáe. She's really cool and quirky. She has a fantastic voice, too.

CELEB YOU'VE MET?

We haven't met yet but Stephen from *Gogglebox* started following me on Twitter and I was so excited. He's one of my favourites on the show so fingers crossed we'll meet in real life one day.

HANGOVER CURE?

Always drink a big pot of peppermint tea before bed. It works a charm.



CELEB COUPLE?

Brad and Angelina. I love how they have each other's backs and how secure they are with the fact that they're both really hot. They always look really happy and in love, too.



DJ THAT INSPIRES YOU?

I have two. First there's Annie Mac because she's an absolute boss. That's a woman on the absolute go! I also love Trevor Nelson from 1Xtra. He's always been someone I look up to. He's a broadcasting icon and a total don!

DREAM LIVE LOUNGE SINGER?

I'd love to get Florence and the Machine back. Florence has the most incredible voice that could just fill any room. She's also great at putting her own unique spin on any song.



FESTIVAL ESSENTIAL?

Wet wipes. I'm a real germophobe so they're an absolute must for me wherever I go. I'm always that girl constantly using hand sanitiser, too!



TV SHOW?

I'm a real lover of trash TV. My favourites at the moment are *Millionaire Matchmaker* and *Mob Wives*. I want Drita Davanzo as my best friend. She's a badass.

Clara hosts Radio 1's Live Lounge, weekdays, 10am-1pm, BBC Radio 1

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